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Strengthening the Hompimpa Community through Traditional Game Development in Nongkosawit Village, Gunungpati District, Semarang City

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Abstract

One way to maintain the local identity and wisdom of the community is to preserve culture, such as traditional games. Nongkosawit Village is a tourist village that has the potential to preserve culture. However, along with the development of the times and the sophistication of technology, many people, especially the younger generation, have switched from traditional game coaching to modern games. Some other problems include children's lack of knowledge about various traditional games, lack of interest in traditional games, and lack of movers/activists of traditional games. The impact is that children do less physical activity, so that their physical, mental health, and social development are disrupted until the fading of a culture. The purpose of this service activity is to preserve and reintroduce traditional Game Development to the community, especially the younger generation, so that they can actively move. The Hompimpa community, as one of the communities that focuses on the preservation of traditional Game Development, needs to get support in the development and development of its programs to be more effective in cultivating movement in the community. The solution that can be provided is a Strengthening of the Hompimpa Community to re-preserve traditional games in the community in Nongkosawit Village. The implementation methods that will be carried out include a) Activity Preparation, b) Review of Problems in the Field, c) Implementation, d) Program Evaluation, and e) Activity Reporting. This activity was attended by 120 elementary school children, which was held at the Sidosari Field, Nongkosawit Village. The result of this service activity is that the Hompimpa Community is consistent in introducing and preserving traditional games. Another positive impact is to cultivate the young generation of Nongkosawit Village to actively participate in traditional games. So that a better quality of life is created.

Keywords: strengthening, Hompimpa community, traditional games, Nongkosawit Village

INTRODUCTION

Traditional games are part of the nation's culture that reflects the local identity and wisdom of the community (Diantama, 2018) . A tourist village that has the potential to preserve culture (Trisnawati , 2018) . However, along with the development of the times and the sophistication of technology, many people, especially the younger generation, are more familiar with modern games than traditional games (Saputra, 2017) . Initial observations in Nongkosawit Village, Gunungpati District, Semarang City, show that children prefer modern games such as online games to conventional games. This can result in cultural changes to physical (Wijaya et al., 2021) and mental health problems (Aisyah & Wijayani , 2023) .

The factors causing the lack of interest in traditional games include the dominance of modern games and digitalization, which results in a lack of knowledge and interest in children, as well as a lack of movers/activists of traditional games. Nowadays, children are good at operating gadgets (Nakulo et al., 2021) . This makes it easy for them to play online games (Pratiwi & Pautina, 2022). Sharp drawings attract the child's attention, and finally, choose modern games (Kurniawati et al., 2022). The feeling of wanting to repeat fun activities while playing gives children their own satisfaction (Bara, 2019). Modern games do not involve much physical activity, so if you play for too long, it will result in

health problems (Banjarnahor et al., 2022) . Not only that, but the culture of an area will also fade or fade (Husein MR, 2021).

The existence of traditional games must be maintained; therefore, there needs to be continuous guidance from various parties, including families, schools, and the government. Parents and teachers can teach and reintroduce traditional games to children from an early age. Schools can also integrate traditional games into extracurricular activities or competitions that interest students (Wheaton & Townsend, 2022) . Meanwhile, the government and cultural communities can hold festivals or special programs that encourage community participation in preserving traditional games (Ma'mun, 2018).

Community Strengthening can be a solution to preserve traditional games in the community in the village (Nima, 2023) . Like the Hompimpa Community as one of the communities which focuses on the preservation of traditional games, it needs to get support in the development and coaching of its programs to be more effective in cultivating movement in the community (Rosramadhana et al., 2020) . More than that, the coaching carried out also has a positive impact on the health of the target community (Sudirman & Rosramadhana, 2020). A supportive environment can increase the participation of the younger generation in preserving culture through the development of traditional games. ('Akshita Sharma, 2024)

Overall, the strengthening of the Hompimpa Community is expected to have a strategic function in maintaining the continuity of traditional games in the midst of the digitalization era. With the active role of the community, traditional Game Development can remain alive, develop, and provide benefits to the community, especially for the younger generation who need to know and appreciate the cultural heritage of their ancestors (Squirrelly, 2019) . Through this physical activity, it is hoped that it can also help improve the quality of life of the younger generation ('Magdalena Dabrowska-Galas, 2024). Thus, a cultured society is created and physically and spiritually healthy. (Rahmat et al., 2020)

Nongkosawit Village is a tourist village based on education and culture there are at least 10 tourist attractions including livestock (dairy cows, chickens, and goats), guava fruit orchards, traditional games, gamelan, cassava processed thematic villages, Kyai Bende carnival, Bamboo Crafts, jenendri bracelet crafts, puppet puppets, and educational tours on rice planting.

Traditional games as a potential cultural art can still be developed. Many benefits can be obtained in addition to preserving culture, but they can also improve people's health and fitness. Therefore, it is very important that community service activities are carried out in order to support the activity programs in Nongkosawit Village.

This effort is carried out synergistically and collaboratively with the service team to restore traditional games to the community in Nongkosawit Village with the aim of creating a cultured and physically and spiritually healthy community through the Strengthening of the Hompimpa Community.

Therefore, considering the impact caused, the focus of this service is "Strengthening the Hompimpa Community Through Traditional Game Development in Nongkosawit Village, Gunungpati District, Semarang City".

METHOD

The implementation method used in this community service program consists of several stages, including: Planning, Screening, Implementation, Evaluation, and Reporting. The following is a flow diagram of community service activities with the theme "Strengthening the Hompimpa Community through the Development of Traditional Games in Nongkosawit Village, Gunungpati District, Semarang City.



Figure 1. Flow Diagram of Service Activities

This community service activity was carried out at the Sidosari Field, Nongkosawit Village. The participants of this activity amounted to 120 elementary school-age children.

RESULTS AND DISCUSSION

The Community Service activity entitled "Strengthening the Hompimpa Community Through the Development of Traditional Games in Nongkosawit Village, Gunungpati District, Semarang City" was held on July 8, 2025, at the Sidosari Field, Nongkosawit Village. There were 120 participants of elementary school age who participated in this activity.

This service activity received a good welcome from the Nongkosawit Village Head, namely Mr. Priyo Budi Utomo, S.Pd, M.M. In his speech, he appreciated this service activity and hoped that it would be sustainable every year. This is in line with the enthusiasm of the participants in participating in the activity.

This service activity was divided into 3 sessions. The first is the implementation of an Education and Preservation Workshop with the title "Cultural Heritage: Learning and Playing Traditional Games". This activity was carried out to provide insight to participants about the importance of preserving the nation's culture, in this case, traditional games.



Figure 2. Service Activities

The second is the Implementation of the Traditional Game Festival. The entire service team, together with the Hompimpa Community, prepared the equipment first before the participants entered the field. 6 traditional game posts will be used, namely 1) jump rope, 2) clogs, 3) Scott, 4) boiboian, 5) dragon snakes, and 6) Pull the strings.

The last activity was the Selection of Traditional Game Ambassadors. This agenda was carried out to give appreciation as well as provide opportunities for participants to promote traditional games.



Figure 3. Service teams and participants

CONCLUSION

The implementation of the community service activity entitled "Strengthening the Hompimpa Community Through the Development of Traditional Games in Nongkosawit Village, Gunungpati District, Semarang City" has run smoothly with the enthusiasm of all participants. It is hoped that community service activities with the theme of cultural preservation can continue to be carried out every year by adding traditional types of games from various regions as an alternative to physical activities for the younger generation.

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