



Implementation of the Assalamualaikum Dance in Developing Kinesthetic Intelligence of PIAUD Students

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Abstract

This research aims to determine the implementation of the Assalamualaikum Dance in developing the kinesthetic intelligence of students. The study employs a descriptive qualitative approach. The data collection techniques used in this research are observation, interviews, and documentation. The subjects of this study are fifth-semester students from the Early Childhood Education Study Program at UIN Mataram. The data analysis techniques used in this study include data reduction, data display, and conclusion drawing. Based on the data analysis results, it was found that the implementation of the Assalamualaikum Dance was conducted according to the learning objectives to develop students' kinesthetic intelligence. The application of the Assalamualaikum Dance was carried out in the following steps: performing body exercises first, demonstrating movements with counts, demonstrating movements accompanied by music, and conducting movement evaluations. Based on the data obtained, it can be concluded that these activities can develop students' kinesthetic intelligence. It is evident from the movements performed, such as body strength in executing movements, body flexibility in performing movements, body balance during movement, body coordination while moving, and movement skills while dancing.

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INTRODUCTION

In the world of education, intelligence is one of the most fundamental things to be developed both at the early childhood level and at college. Intelligence is an important element that can determine the success or failure of a learning activity. Intelligence is a general mental ability to learn and apply knowledge in manipulating the environment and the ability to think abstractly (Bainbridge through Yaumi, 2013: 9). Intelligence includes the ability to adapt and change to the current situation, the ability to evaluate and assess, the ability to understand complex ideas, the ability to think productively, the ability to learn quickly, learn from experience, and the ability to understand relationships.

Gardner said that eight types of multiple intelligences, namely, (1) verbal-linguistic intelligence, (2) logical-mathematical intelligence, (3) visual-spatial intelligence, (4) rhythmic-musical intelligence, (5) bodily-kinesthetic intelligence, (6) interpersonal intelligence, (7) intrapersonal intelligence, (8) naturalistic intelligence (Effendi, 2005: 136). Intelligence can affect the quality of students' learning outcomes. The dominant intelligence possessed by students will make them focus on a particular area, allowing them to study harder to have maximum abilities.

Kinesthetic intelligence in dance courses is a physiological factor because dance is a series of body movement elements. Kinesthetic intelligence is the ability to use all parts of the body physically such as hands, fingers, arms, and various other physical activities. The core components of kinesthetic intelligence are specific physical abilities, such as coordination, balance, skill, strength, flexibility, speed or the ability to receive or stimulate, and touch-related things. Students who have advantages in kinesthetic intelligence tend to have strong feelings and a deep awareness of physical movements. Students can communicate well through body language and attitudes in other physical forms. Kinesthetic intelligence in dance learning process activities must be increased and fostered so

students' potential in dance subjects develops optimally. Students with strong kinesthetic intelligence will be more active in imitating, processing, and exploring movements.

Dance learning in colleges has an important role in optimizing the development of students' kinesthetic intelligence. With the existence of dance learning, it is expected to bridge the development needs of different students, such as differences in attitudes, abilities, innovation, and creativity. One of the dances that can be applied is the Assalamualaikum Dance.

The Assalamualaikum Dance implementation in colleges allows students to be interested in moving more actively in a well-coordinated manner. By dancing, it is hoped that students can express their imagination or ideas. In addition, they can become one of the delivers of information, moral values, or messages through movements and expressions that have deep meaning. They not only can channel ideas in the form of dance movements but can also introduce various kinds of Indonesian arts and culture.

A college is an institution that provides various academic and professional programs. It aims to equip students with the knowledge, increased intelligence, skills, and critical thinking needed to face challenges in the world of work and contribute to society. Every individual certainly has the most dominant intelligence within themselves. One of the students' intelligence that needs to be improved is kinesthetic intelligence. This is because kinesthetic intelligence can coordinate movements, and create or train motor skills that properly control the body movements. Based on the discussion above, kinesthetic intelligence can be developed through learning the Assalamualaikum Dance. Dance is a beautiful and rhythmic body movement, accompanied by music that has a specific purpose and goal. In dance, there is also a floor design or floor pattern to provide space for motor skills to be more organized.

Universitas Islam Negeri Mataram is one of the state universities in Indonesia located in Mataram, West Nusa Tenggara. UIN Mataram's mission includes providing quality education, innovative research, and community service. One of the things related to the provision of education is dance learning in the Early Childhood Islamic Education Study Program. This dance learning is intended as a means and forum for students to develop their potential, talents, and intelligence to enrich their knowledge.

Based on the results of initial observations conducted by the researcher in the Early Childhood Islamic Education Study Program implementing the Assalamualaikum Dance learning, the researcher saw that through this dance, students have a forum to express their movements and help develop their kinesthetic intelligence. It can be seen from the development of movements related to body coordination, strength, balance, and motor skills. From the beginning, there were still many unbalanced students in movements, and their movements between the feet, eyes, hands, and head were not well coordinated until becoming more developed. In addition, students' motor skills have also developed. Currently, students' motor skills can be said to be good because of the experiences of movements they have previously gained. It can be seen from the results of the movements practiced and further related to the dance works created.

RESEARCH METHOD

The research method used in this study is qualitative with a descriptive type. The location of this study is at UIN Mataram. The subjects in this study are 26 fifth-semester students of the PIAUD Study Program. Data collection techniques used in this study are observation, interviews, and documentation. Data analysis techniques used in this study are data reduction, data display, and conclusions.

RESULTS AND DISCUSSION

Implementation of the Assalamualaikum Dance

The Assalamualaikum Dance is a dance created for early childhood. The movements in this dance consist of six types of movements that are worked on according to the characteristics and needs of early childhood. The following are the various movements in the Assalamualaikum Dance: 1. Worship movement, 2. Hand rolling movement, 3. Clapping and rotating movement 4. Assalamualaikum movement, 5. Right and left rotation movement 6. Worship rotation movement.

In the results of the researcher's observations regarding developing kinesthetic intelligence through the Assalamualaikum Dance, the first thing to do is to prepare the tools that will be used for practice, arrange the lines, warm up, and then practice the dance. The steps are playing an interactive learning video in a tutorial on the various movements of the Assalamualaikum Dance, demonstrating the dance movements, and evaluating them.

Based on the researcher's observations, the learning of the Assalamualaikum Dance has been running optimally. It can be seen from the high participation of students in dance art that the study is going well. In addition, it can be seen from the training results that students can practice the Assalamualaikum Dance and the output of the study, namely the dance work produced. The results of the observation show that the implementation of the Assalamualaikum Dance in the PIAUD Study Program at UIN Mataram has a positive impact on participation, knowledge, potential, and the development of kinesthetic intelligence. It is in line with the opinion or theory expressed by Yuliani Nurani Sujiono that one of the activities that can stimulate kinesthetic intelligence is dance.

Body Coordination

Body coordination is the ability to coordinate body movements effectively and efficiently. This body coordination involves the ability to regulate body movements,

both large movements such as walking and jumping and fine movements such as writing or drawing. Coordination exercises can help children develop their motor skills, and improve their balance, strength, flexibility, and ability to understand and execute a series of movements.

Based on the observations conducted on dance learning activities, the researcher saw that the coordination of body movements carried out by students as a whole from the various movements of the Assalamualaikum Dance was conducted well. It can be seen from their movements of the head, eyes, hands, and feet that can be done correctly. It means that the movements carried out follow the various movements in the dance. The results of this study follow the theory of Widayati and Widiyati stating that kinesthetic intelligence is the ability of humans to train moving body parts according to their functions, even being able to process interesting body movements. The abilities are produced by body movement/kinesthetic intelligence.

Flexibility

Body flexibility is the ability to perform movements with a maximum range of motion in the joints. In dancing, good flexibility is essential because it allows dancers to perform flexible, expressive, and elegant movements. Based on the observations conducted during dance learning activities, the researcher saw that students can move their bodies flexibly when dancing although they did not appear very flexible. This is in line with Lwin in Tadkiroatun who stated that kinesthetic intelligence allows humans to build important relationships between the mind and body so that the body can manipulate objects and create movement.

Agility

Agility is the ability to move with speed, strength, and precise control, especially when making changes in direction or complex movements. In the context of children, training their body agility can help improve their fine and gross motor skills and increase their ability to participate in various physical activities.

Involving subjects in activities that challenge their body agility and providing appropriate exercises and stretching can help students develop the ability to respond quickly and precisely in situations that require changes in direction with the right speed and strength.

Based on the results of observations conducted by the researcher in dance learning activities, the researcher saw that the movement movements made by children while dancing were already seen well. Children can change movements well and precisely according to the music. The results of this study are in line with Schmidt's opinion which stated that kinesthetic intelligence stimulates a person's ability to process the body expertly or to express ideas and emotions from movements, basketball players, dancers, choreographers, and pantomimes. They need this body movement intelligence.

Motor Skill

A motor skill is a child's ability to use their body parts, both hands and feet. This motor skill is an important aspect of their motor development. This ability includes the ability to perform precision movements, hand-eye coordination, balance, strength, and flexibility.

Based on the results of observations that researcher conducted in dance learning activities, they saw changes in movement made by students in dancing well. It can be seen from their overall appearance when practicing the Assalamualaikum Dance. The most important intelligence influenced by dance is kinesthetic intelligence related to body movement. Keun and Hunt stated that the type of intelligence in Gardner's theory can be developed using creative dance. According to several experts above, kinesthetic intelligence can be improved with creative dance. Therefore, children can pour ideas into the form of movement.

CONCLUSION

Based on the results of the research that has been conducted, it can be concluded that the implementation of the Assalamualaikum Dance in developing the kinesthetic intelligence of PIAUD students

has been mostly carried out optimally. It can be seen from several indicators of kinesthetic intelligence as follows: first, coordination, which is to train the ability to perform movements and combinations of movements; second, the speed of movement which is intended to match the movement with the count in the music; third, flexibility, which is to train the flexibility or suppleness of the body when dancing; fourth, agility, which is to train the ability to change direction with the right speed and strength, and fifth, motor skills, which is the ability to use body parts, both hands and feet.

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