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# Study of Aggression Level among Education Students and Other Professional Students of Kashmir University

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ABSTRACT The main purpose of the study is to the comparison of Aggression level among Education Students and other professional Students. The Present study is state as, in Aggression Level of Education Students and other professional students i.e. M.B.A. and M.C.A. students of Kashmir University. For this study, the reserch was selected both from non-grantable as well as grantable Education College students and various professional students of Kashmir University. The students age was ranging from 18 years onward. The total Number of Students were thirty, 10 students from each department (Education, M.B.A and M.C.A) were selected by simple random Sampling Method. The data was collected by Standard Questionire and analysis and interpretation was done on the basis of special statistical techniques Viz. Mean, Standard Devivation and 't' Test. In the earlier time the researcher was hypothesized that there will be a significant difference in Aggression level of Education and professional students of Kashmir University. The Aggression is part and parcel of life. Every situation is associated every action is associated with Aggression. The aggression levels various from different Education and professional students which is one of the biggest threats to their performance. The aggression level of Education students is different than that of professional students. So the researcher takes keen interest in taking the study entitled as "Study Of Aggression level between Education and Professional Students of Kashmir University."

**KEYWORDS**: Aggression Level, Education, Professional Students.

#### INTRODUCTION

Psychology is a science of behaviour of the organization. The word 'psychology' has come from the Greek word 'psyche' meaning 'soul' and the 'logos' meaning 'study'. In ancient time psychology was not a separate discipline. It was a part of philosophy. In the later part of the nineteenth century psychology was perhaps dissociated from philosophy. Since then it has never looked back. It was arts subject like philosophy. Gradually it developed into scientific discipline. Objections are still raise to considering psychology as a science. Thus, the literal meaning of psychology is the science or study of soul. Greek philosophers

believed that soul was responsible for various mental activities such as learning, thinking, feeling etc. It was believed that soul was the essence or true being of an organism, the cause and the principles of life. As the relation of soul to the body and the functions of soul could not be explained, some philosophers tried to define psychology as a science of mind.

# Meaning of Profession

In general, a profession is made up of a group of people who provide a unique social service to humankind. For providing this service, the members have secured specialized skills obtained in a body of knowledge of an academic discipline; the services are rendered according to the standards for moral behavior and ethical practices. In sports, a professional is someone who receives monetary compensation for participating. The opposite is an amateur, meaning a person who does not receive monetary compensation. The term "professional" is commonly used incorrectly when referring to sports, as the distinction simply refers to how the athlete is funded, and not necessarily competitions or achievements. Same thing can be called as business if ethics are not followed. A teacher teaching properly in the classroom, completing the course of study, solving the difficulties of the students, helping them in appearing the various examinations is called as he is professional man. While a teacher will not paying attention in the working of the school but inviting the students for highly charged private classes may be called as a businessman. Hence the purpose, the motto, the ethics is important for the same work to be called as business or profession, though in both the case earning is a common factor.

A Professional is a member of a vocation founded upon specialized educational trai-

ning.

The word professional traditionally means a person who has obtained a degree in a professional field. The term professional is used more generally to denote a white collar working person, or a person who performs commercially in a field typically reserved for hobbyists or amateurs.

In western nationals, such as the United State the term commonly describes highly educated, mostly salaried workers, who enjoy considerable work autonomy, a comfortable salary, and are commonly engaged in creative and intellectually challenging work. Less technically, it may also refer to a person having impressive competence in a particular activity.

# Aggression

Aggression is defined as threats or harmful actions directed toward another individual and can include threat displays, lunging, growling, snarling snapping and biting. In animals, aggressive behaviors are a means of communication. Dogs and cats use aggressive displays, threats and attacks to resolve competitive disputes over resources (territory, food) or to increase their reproductive potential, or to escape threatening situations. "Aggression" describes the behavior, but does not give any information about underlying motives or causes. Aggression can have multiple motivations.

Aggression is a part of human behaviors and is necessary for an individual to live and struggle for higher achievements. Struggle for supremacy, dominance and excellence in sports obviously involve aggression.

Aggression in sports can be curtailed, or at least minimized, if all concerned are interested in doing so. The sad part of that some of the most influential people actually promote rather than discourage violence because they believe it sells tickets. As this attitude is allowed to continue, there is little hope of solving the problem .if it is allowed to continue on the professional level, it will continue to be promoted at the lover skill levels, Athletics in the youth leagues emulate their heroes on the collegiate and professional levels.

# **Aggression and Performance**

The moderate level of aggression should be present in every individual. The level of aggression should not be low that means the individual is having negative attitude. If the level of aggression is high it is impossible for a sports person to perform in a proper way, or not able to achieve the goal

Due to high aggression a player or sports person is unable to make decision

Unable to think in a proper way.

More chances of injury.

Loss of energy due to high aggression.

#### **Definition**

"It is a form of overt behavior intended to harm a living person either physically or psychologically. It includes physical attack and verbal abuse."

#### **METHODS**

#### Source of Data

For the present study the source of subjects were selected from non-grantable as well as grantable Education Colleges and other professional students of Kashmir University.

## Selection of the Subjects

Fifty (30) subjects were selected for this study. Ten (10) subjects were taken from Education department and Twenty (20) subjects were taken from professional departments of Kashmir University.

## Sampling Method

The subjects were selected by using simple random sampling method.

### Equipments used for collection of data

The standard Questionnaire of Aggression constructed by R. L. Bhardwaj scale, was used to know the aggression of professional and Academic courses from Kashmir University contains 28 items. These Questionnaires was distributed among the Education and professional students and the data was collected and analyzed. These types of Questionnaires are associated with particular validity and reliability which is reliable for the study.

# **Criterion Measures**

Following are the criterion measures, which were responsible for collection of data, to testing the hypothesis.

## Level of Significance

To test the hypothesis the level of significance at 0.05 level of significance was considered adequate for the purpose of this study.

### Analysis of data

The data was collected from the subjects

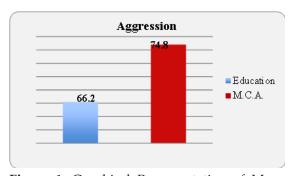
by using standard questionnaire and analysis and interpretation was done on the basis of special statistical techniques viz. mean, standard deviation and t' test.

The statistical analysis of the data gathered to know aggression level among Education Students and Other Professional Students of Kashmir University is given below.

The level of significance was kept at 0.05 for testing the hypothesis.

**Table 1.** Comparison of Aggression between Education and M.C.A. Students of Kashmir University

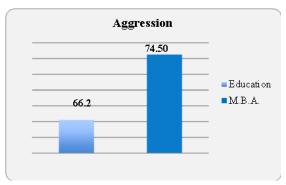
Group	Mean	S.D.	M.D.	D.F.	O.T.	T.T.
Educa- tion	66.20	7.57	8.60	18	2.72	2.101
M.C.A.	74.80	6.53				



**Figure 1.** Graphical Representation of Mean Difference of Aggression between Education and M.C.A. Students of Kashmir University

**Table 2.** Comparison of Aggression between Education and M.B.A. Students of Kashmir University

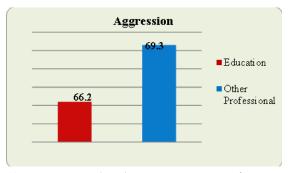
Group	Mean	S.D.	M.D.	D.F.	O.T.	T.T.
Educa- tion	66.20	7.57	8.30	18	2.54	2.101
M.B.A.	74.50	7.04				



**Figure 2.** Graphical Representation of Mean Difference of Aggression between Education and M.B.A. Students of Kashmir University

**Table 3**. Comparison of Aggression between Education and Other Professional Students of Kashmir University

Group	Mean	S.D.	M.D.	D.F.	O.T.	T.T.
Educa- tion	66.20	7.57				
Other Profes- sional	69.30	2.66	3.10	18	1.22	2.101



**Figure 3.** Graphical Representation of Mean Difference of Aggression between Education and Other Professional Students of Kashmir University

## **Discussion Of Hypothesis**

As we all know that Today man is not living in happy state of mind. Most of men run after money. Money is everything, for most of them, it is mother, it is future and it is God. Some of them full Prey to Lust, there are people who have all material comforts and modern amenities at their command but even then, they are much worried and disturbed. The condition of poor and the farmers is always pitiable. They are victimized by the politicians and the hoarders, thus we find everyone sick having mental tension in one form or other. In the simple language they suffered from the condition of Aggression. Aggression Level results from an interaction between physiological, psychological, and environmental processes. It is common to refer to Aggression as a response to Aggressive Level.

### **CONCLUSION**

Within the limitations of the study and from the statistical analysis the following conclusion is drawn. On the basis of available literature, researcher own experience and knowledge of Psychology, it was hypothesized that there will be a significant difference between the Aggression level of Education Students of Kashmir University and other professional

students of Kashmir University but after the statistical analysis of data related to the Aggression of various departments it was found that in all cases there was not found difference between the Aggression level of Education Students of Kashmir University and other professional students of Kashmir University. Hence the Researchers Pre- assumed Hypothesis is partially accepted.

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