

**Public Health Perspectives Journal** 



http://journal.unnes.ac.id/sju/index.php/phpj

# Analysis of Program Implementation Health Business School (Uks) in Primary and Sub-Urban Urban in The District Jepara

Ummu Lathifah 🔤, Oktia Woro Kasmini Handayani, Ari Yuniastuti

Universitas Negeri Semarang, Indonesia

### Article Info

# Abstract

History of Article : Accepted 21 February 2019 Approved 17 July 2019 Published 23 December 2019

Keywords:

School health, primary schools urban, suburban primary schools, School health program is all the efforts made to improve the health of school age children at each track, the type and level of education. 2015 3863369 elementary school students and primary coverage of 92.23%. Networking health in elementary school students in Jepara in 2015 amounted to 98.15% in 2016 while the decline was 80%, while the national target of 100%, so the impact on the increase in morbidity in primary school students, demonstrated by the case of diarrhea (related to PHBs) in 2015 amounted to 67.7% of cases and increased in 2016 by 68% of cases, dengue morbidity rate 58.8% while the national target of 51%. This study aimed to analyze Implementation Program School Health Unit (UKS) at the primary school of Urban and Sub-Urban Jepara. The research method is qualitative. The focus of this study contains basic qualitative assessment of the implementation of the program the school health program, which includes standard and policy targets viewed from: aspects of input (human resources, funding, infrastructure, and SOPs), process (planning, implementation, monitoring and evaluation) and Output (UKS Service Improvement). Aspects of research results to implement UKS input already available and functioning properly. Both in terms of human resources, finance, infrastructure, and the unavailability of SOP: Human resources at the School of urban and school sub-urban enough, finance Educational urban and suburban use BOS funds, means school, urban and sub-urban available are still lacking, SOP on urban and sub-urban schools are not available. Implementation aspects are aspects of planning for urban and suburban schools conducted annually by the joint meeting. Output Aspect Monitoring is done directly by the principal, recording and reporting do if someone is sick and referred. This research is expected to provide input in making the program refers to the government's program in the development of UKS program that objective can be achieved optimally, training UKS penaggung jawab specifically for teachers and complete record keeping and administration UKS.

© 2019 Universitas Negeri Semarang

⊠address:

Jl.Kelud Utara 3 sampangan Kampus pascasarjana Unnes, Semarang, Indonesia E-mail: ummu080687@gmail.com p-ISSN 2528-5998 e-ISSN 2540-7945

### INTRODUCTION

UKS program implemented in all types or levels of education, both state and private schools ranging from elementary school to high school. UKS purpose is to improve the quality of education and learning achievement of learners to improve the behavior of clean and healthy living as well as the health of the students and create a healthy environment, so as to enable the growth and development of harmonious and optimized in order to establish complete Indonesian man. (Ministry of Health, 2011).

For there is still a schools thought that the implementation of UKS is limited to the infirmary Any primary schools (SD). In fact, in a number of primary schools UKS utilization is not optimal. This matter caused when the primary school students suddenly feeling unwell, the school Direct contact parents to pick up her son. whereas implementation UKS is achieving the UKS TRIAS ie neighborhood school life healthy, health education, and services school health as a whole. In the implementation of the UKS program in terms of infrastructure, knowledge, attitudes learners in health, school shop, food daily or nutrition, dental hygiene, and health Personal evaluation and observation conducted the Ministry of Education and Culture (Kemendikbud Directorate General of Primary Education, 2012), during This is also still show that principles of healthy living and health status learners are perceived not yet reached as expected, activity is more health education teaching, expansion of knowledge and less emphasis on the practical aspect can be applied in their daily lives

Through the implementation of the UKS program is expected to form the mindset of learners who are accustomed to a clean and healthy life behavior, always pay attention to the cleanliness of the school environment, personal cleanliness, greening, and take advantage of the school canteen facilities were clean and healthy. UKS program's success is very important in improving learning achievement and health of students in general. School health program is an effort to encourage young people to be free of disease, develop a positive national character, and strong leadership qualities (Team coach UKS, 2011)

Health networking activities intended for the students of this is to look at the health of students each year who will be the basis for the identification program next school health program

The number of elementary school students in 2013 as many as 3,201,114 children and the achievement of health indicators networking work for 87.79%, in 2014 as many as 3,002,961 elementary school students and the achievement of the indicators of employment or SD coverage is 93.2%. (Central Java Provincial Health Office, 2014)

Then in 2015, 3,863,369 students from elementary and primary coverage of 94.7%. Networking health in elementary school students in Jepara in 2015 amounted to 98.15%, while in 2016 decreased, ie 86%, have an impact on the increase in morbidity in primary school students, demonstrated by the case of diarrhea (related to PHBs) in 2015 amounted to 67.7 % of cases and increased in 2016 by 68% of cases, dengue morbidity rate 58.8% while the national target of 51%. (Central Java Provincial Health Office, 2016)

The number of elementary school students in 2017 as many as 2,857,363 children and the achievement of health indicators networking work for 97.9%, Networking health in elementary school students in Jepara in 2017 amounted to 100% (Central Java Provincial Health Office, 2017).

Generally targeted health efforts in terms of the scope of the school, the students associated with compulsory education, quality of education, energy and infrastructure have not been balanced with the goal of UKS. Moreover, the lack of human resources (HR), such as lack of health education teacher or teachers who handle UKS and school health workers trained in good health education and services (Directorate General of Education, 2012).

Elementary school located in the district of Jepara there on the edge and in the middle of the city or urban and suburban, when viewed in the location of the school course there is a difference in running the uks policy in their respective schools. Based on the observation that school children in sub-urban or suburban, if the school in carrying shoes or boots removed and taken, that children in urban areas, home school is still neat. Likewise, based on research conducted Hindrivastuti and Listvarini (2017) on the primary school Pelemkerep 2 Mayong which is a sub urban or sub-urban found that, PHBs still lacking, students do not play an active role, handwashing is less and almost every month, many students are carrying permits are not go to school due to illness

While in elementary school 04Panggang Jepara located in urban or urban Adiwiyata champion as environmentally conscious school level central Java, where care for the environment is one of the UKS triad. Thus there is a difference Implementation Program School Health Unit (UKS) At the Primary School of Urban and Sub-Urban. Based on the description above background, it is necessary to do research on the "Implementation Program School Health Unit (UKS) At the Primary School Health Unit (UKS) At the Primary School of Urban and Sub-Urban"

### METHODS

The research design is qualitative. This research was conducted in the roast and Elementary school 43 sidigede in December 2018 The focus of this study contains basic qualitative assessment of the implementation of the program the school health program, which includes standard and policy targets viewed from: aspects of input (human resources, funding, infrastructure, and SOPs), process (planning, implementation, monitoring and evaluation) and Output (UKS Service Improvement).

Key informant key informants school principals, teachers UKS, students, and parents who are in the urban and sub-urban areas.

#### **RESULTS AND DISCUSSION**

#### Aspects input (Input)

aspects input or inputdalam it is available and functioning of aspects of resources to implement. Implementation Program School Health Unit (UKS) In Urban Primary School include: human resources (HR), sources of funds, infrastructure, and the availability of SOP.

#### **Human Resources**

UKS teacher ratio in public elementary school 4 Panggang Jepara own as needed from the urban elementary teachers have UKS 2. It is appropriate that expressed by key informants as follows:

"Gym teacher, of course, they are put in educational also about UKS" (I.U1).

"Availability of teachers uks uks in charge here that there are two teachers of sports" (I.U2)

This is supported by the statements of informants triangulation "Department of Education district Jepara that annually carry out recruitment and training of teachers to serve as mentors sport each Unit captured two have even taken three corresponding respective target areas that have been inducted every teachers Dabin each one of the sports teacher "(IT)

Result of interview above shows that the adequacy uks teacher needs met.

Aspects such as human resource input in the implementation of school health programs in primary schools 4 Panggang Jepara has been good. Urban school has the human resources are sufficient to manage the existing UKS, the teacher in charge No 2, while the other teachers who assist in the implementation of daily activities in the infirmary. UKS undertaking is the educational background of teachers with a sports teacher, who had received training on the UKS.

Human resources is an important element in achieving the objectives which the utilization of other resources depends on how we make use of human resources. The higher

the number human resources and utilization of human resources the higher the level of utilization of other resources. So that human resources as a constraint in achieving the targets there.

### Source of funds

Source funds allocated to the ministry in the school infirmary State 4 Panggang Jepara taken the form of BOS funds from the government and a committee of parents. The funds are used in UKS activities for the initial treatment of pain.

It is appropriate that expressed by key informants as follows:

"For the funds that we get for our UKS activities get from BOS and committee of parents" (I.U1)

"No funds from the BOS and the committee of parents" (I.U2)

result The above corroborated also by the informant triangulation, as quoted below:

"For the budget of the district budget" (IT)

This matter According to research Widiya Nailafar Lubis (2016) human resources and sufficient financial resources to finance the implementation of the UKS is necessary because without the support of competent human resources in the health sector and the provision of sufficient funds, it is impossible UKS program can run well.

Source of funding is one aspect that must exist for all activities certainly need the sufficient funds, and Primary School 4 Panggang Jepara is good enough for not only using the BOS funds but moving the committee of parents and their awareness of the guardians for their children's school progress

#### Means and Infrastructure

Means and provision of infrastructure in schools State 4 Panggang Jepara is enough, it is supported by the interview as follows:

"To bed we had 2, with the intention of one bed to another bed women and one for men. It had no plans to add beds "(I.U1)

Above results also corroborated by informan triangulation as quoted below:

"Every year, collecting data and Education authority cooperation with health authorities in order to provide health pembelaran media such as leaflets and posters" (IT)

In line with the results of Hendra Sitepu Gustaaf AE Ratag Iyone Siagian T. (2015) based on research, according to the informant opinion regarding the school community participation in the implementation of the UKS program at junior high school 1 Manado is already quite good.

Procurement infrastructure uks in Public Schools 4 Panggang other than of BOS also involved a committee of parents where the parents also be permitted to donate good items such as money to help create a new uks space and always there is coordination on the child's condition if there is a problem with his health.

#### **Availability SOP**

Schools Public School 4 Panggang not have SOP for first aid:

"No, their like proper hand washing, we socialize and installed" (I.U1)

Primary school 4 Panggang Jepara not have SOP on the handling of the early post sick student. Unavailability SOP will not slow UKS teacher and team, but more effective if the SOP is held on the associated health centers to provide early treatment in case of illness or accident of students is small.

# Aspect Process Implementation Program School Health Unit (UKS) In Urban Primary School.

Planning made by the UKS primary school 4 Panggang Jepara is in activity earlier in the year so that it can draw up early on the procurement of equipment UKS. This matter be supported with the results of the key informant interviews below:

"For programming because we had funding from the boss incorporated in the labor input in the preparation of school every year. So every year the beginning of our study menysun Definition including our budget for procurement of equipment relocated UKS (I.U1) Primary School 4 Panggang Jepara was budget in carrying out activities related to UKS evidenced by the many trophies that you get in the race on UKS.

Making plan UKS activities in urban schools involved from the responsible UKS and the other teachers, the activities carried out in schools in the form of small physician activities, competitions SDBS. Treatment planning school facilities and infrastructure (space / angle UKS, P3K boxes, posters, health, etc.) to assist the UKS do if there is a tool that is broken and there are drugs expired.

# Output Aspect School Health Unit Program Implementation (UKS) In Urban Primary School.

In accordance with the understanding of evaluation according to Stufflebeam in Ansyar (1989) in research Rahmawati, *et al* (2015) that evaluation is the process of obtaining and presenting information that is useful to consider the alternative - the alternative decisionmaking. Output Aspect school health program implementation in urban primary schools is quite good. be supported interviews of key informants and informant triangulation as follows

"For UKS traffic sector of schools that directly oversees the principal, then on the municipality and there attendant midwife midwife right di district office so active here also sometimes regularly frequent the village midwife checking of mosquito larvae in the bathroom and then see UKS from the clinic. Then from DKK should not ..., DKK come to examine the health of the food there in cantin, then if education authorities yes, the coach sometimes there are training the PMR name education authorities district Jepara cooperation with the PMI, it does not specifically total was junior red cross, but I also because the UKS and thank God get SDBS champion 2018 "(I.U1)

"We always cooperate because it is sometimes out of the clinic came several person come here we help to prepare their children to condition their children lest these children later his name small children are scared after a long time we come to condition within a class each typically used this year *each immunization for grades 1 what classes 1,2 and 3 "(I.U2)* 

Above results corroborated also bykey informants as quoted below:

"No members so already had a SK all I guarantee Jepara and it is also in order to alert a disaster because we're still disaster-prone areas, because not only know but also should be alert" (IT)

Output Aspect school health program implementation in urban primary schools is quite good. This is because the School State 4 Panggang cross sector UKS runs well school program already makes reporting writen about UKS program implementation, Althought made only when there will berace UKS, which should ideally be made every six every month report. Reporting is made by teacher coaches UKS for reported to the principal, health centers and the Department of Education.

According to Farida (2008), in the study of the Faithful, A., (2015). Reporting construed as granting or written information and official submission to the various interested parties or (stakeholders), the activity is the organization's management and the achievement within a certain time based on plans and rules that have been established as a form of accountability for the tasks and functions carried.

Form of supervision about the activities that have been implemented in the form UKS direct supervision carried out by the headmaster, UKS program supervision of the Department of Education sector, direct activity usually performed around the school head every day to see the cleanliness and tidiness of each class of the infirmary. Form of feedback performed by the related parties for the development program of the UKS only race ratings rose participating SDBS selected from each district so for other schools that are not nominated to race SDBS was no feedback from the Department of Education but only of Principals only.

# Input aspects of School Health Effort Program Implementation (UKS) In Sub-Urban Primary School

# Human Resources

The ratio of teachers at primary school 3 Sidigede who represents sub-urban as primary school already had a teacher as needed UKS 1

*"teacher* UKS uks in charge here that there is one sports teacher, he*just responsible but aided by another "(I.U2)* 

"For a number of students this year 160" (I.U2)

Adequacy of needs UKS teachers according to key informants from Education authorities sufficient, human resources is essential for the running of the task, primary school 3 Sidigede although only one person is in accordance with the ratio of the number of pupils there.

In line with the research Tjsomland *et al* (2009) in research Widiya Nailafar Lubis (2016) says that in the development of health efforts in sustainable school should be supported by interested stakeholders, including teachers. The teachers who have a good motivation, is likely to participate in school development programs if they believe that the program will produce good for the achievement of their students.

### finance

Source of funds allocated for UKS services in sub-urban schools get funds from the government that the BOS.

Here is the answer to the school-depth interviews following:

"No funds from BOS" (I.U2)

"Funds from BOS" (I.U2)

Special finance used to finance the UKS no funds were taken from the BOS. The funds could be required from various parties such as governments, communities and other sectors. All of them should be empowered for the implementation of the program UKS well, but in fact many schools are not able to carry out UKS good reason for the lack of funds available, the guardians of the students who educate their children at primary school 3 Sidigede majority of professional farmers that if solicited for funds to increase UKS voluntary to- do want it.

### Facilities and infrastructure

Providing facilities and infrastructure in sub-urban schools do not meet the standards, it is supported by the interview as follows:

"Beds that we had only one, and medical equipment that we have is very limited, only weight scales, and the temperature of temperature" (I.U2)

Primary school UKS equipment procurement big 3 Sidi satisfied from Jepara education authorities a parties in accordance with the needs, and also receive from the health department Widiya research kabupaten.Menurut Nailafar Lubis (2016) the process of the implementation of school health services, there are two very important elements that programs and facilities UKS infrastructure used to complete the implementation of these programs.

#### **Availability SOP**

Sub-urban school has not had a SOP for first aid. Here is the answer of the informant principals and responsible UKS following:

No, Technical guide from the health center (I.U2)

- For the soup, we bring new events to the sick bay as fitting ceremony usually no students what the unconscious we bring to the sick, if possible in the infirmary we can handle it in the nurse yes, but we can handle it if we take it to the health center (I.U2)
- Primary school 4 Sidigede not have SOP on the handling of the early post sick. How good the child if every school has its SOP on initial treatment can reduce the pain for a minimum of new pain delivered to the nearest health center.

# Aspect Process Implementation Program School Health Unit (UKS) In Sub-Urban Primary School

The planning of school activities at suburban UKS equally involved from the responsible UKS and the other teachers, the

activities carried out in schools in the form of small physician activities, competitions SDBS.

This is supported by the results of the key informant interviews below:

"stay watching Just look see clean " (I.U2) "Yes involved usually told to apply for the

needs of equipment and medicines UKS "((I.U2)

At primary school 3 Sidigede hygiene and grooming room monitoring is usually done by the class teacher and the students which shall be on duty on the availability of organic and inorganic trash

# Implementation Program School Health Unit (UKS) In sub-Urban Elementary School (Output)

Form feedback conducted by related parties for the development program of the UKS only race ratings rose participating SDBS selected from each district so for other schools that are not nominated to race SDBS was no feedback from the education authorities but only of Principals only.

Powered interviews of key informants and informant triangulation as follows

"Yes yesterday champion 2 healthy environment Last year's champion 3 this year champion 2 (I.U2)

Form of supervision of the activities that have been implemented in the form UKS direct supervision carried out by the headmaster, UKS program supervision of education authority sector, direct activity usually performed around the school head every day to see the cleanliness and tidiness of each class of the infirmary. Recording and reporting is no different in sub-urban school recording was not done because the books were empty, whereas in sub-urban schools recording is done neatly and sequentially.

## CONCLUSIONS AND SUGGESTIONS

Based on the above results it can be concluded that the aspect input for implement UKS already available and functioning properly. Both in terms of human resources, finance, infrastructure, and the unavailability of SOP: Human resources at the School of urban and school sub-urban enough, financial school urban and sub-urban use BOS funds, Means provision school urban and sub-urban available are still lacking, SOP at school urban and suburban unavailable.

Implementation aspects are aspects of planning for urban and suburban schools conducted annually by the joint meeting. Output Aspect Monitoring is done directly by the principal, recording and reporting do if someone is sick and referenced.

Advice for those Department of Education Youth and Sports Jepara increase support to schools in the development of UKS program that objective can be achieved optimum. Hold special training for teachers responsible UKS.

Advice for Schools Sub urban the headmaster school to schedule regular meetings to conduct the evaluation. Providing feedback in writing to the clinic. Conduct training every month.

#### REFERENCES

Dinas Kesehatan Provinsi Jawa Tengah, 2014 Dinas Kesehatan Provinsi Jawa Tengah, 2016 Dinas Kesehatan Provinsi Jawa Tengah, 2017

- Kementrian Pendidikan Nasional. 2011. Pedoman Pelaksanaan UKS di Sekolah. Jakarta: Kementrian Pendidikan Nasional
- Kemendikbud Direktorat Jendral Pendidikan, 2012
- Mukminin, A.,(2015). Pengembangan Model Layanan Program Usaha Kesehatan Sekolah Terintegrasi Pada Lembaga Paud Di Kota Semarang
- Tim Pembina UKS. (2012). Pedoman Pembinaan dan Pengembangan Usaha Kesehatan Sekolah. Jakarta. Kemendikbud
- Widiya N, L. (2016). Faktor-faktor yang berhubungan dengan pelaksanaan usaha kesehatan sekolah (uks) ditingkat sekolah dasar wilayah kerja puskesmas pamulang Kota tangerang selatan

Rahmawati, E,I., dkk (2015) manajemen usaha		
kesehatan	sekolah,	Manajemen

Pendidikan Volume 24, Nomor 6, September 2015: 571-577