



Case Study Handling Approach Using Religious Autistic Children in Pesantren Al-Achsaniyyah in Kudus Regency

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Abstract

Autistic child is an individual from birth to age 8, children who have autistic disorder have problems in communicating, interacting with the environment, and the attitudes and behavior of the strange and often repeated. In general, these disorders will be visible when the 3-year-old child. For it is very important that autistic disorder is eliminated through therapy, one of the therapies for autistic children that is at institution islamic boarding school Al-Achsaniyyah which is a place-based therapy of religion for children and adults who have special needs such as autistic disorder, cerebral palsy, motor disorders, down syndrome, ADHD and speech delay. This study aims to provide an overview of the therapeutic process and the effectiveness of the therapy given by islamic boarding school Al-Achsaniyyah to children who have autistic disorder. Therapy applied to children, namely occupational, speech, behavior, sensory integration, daily activities, the rhythm of the music, physio therapy, acupuncture and hypno therapy, among these therapies nothing is done every day and on the day only. This study used qualitative research methods case study. Research subjects are children who have autistic disorder aged 6-8 years, while a study conducted at islamic boarding school Al-Achsaniyyah in Kudus. Results of research conducted by the treatment of children with autism using this ABA methods have effectiveness in eliminating the habit of children who do not fit, say something teenagers often activate hand movement without cause. And maintain the results achieved by children and teach children about new things to do, such as children who initially perform bowel and bladder in the pants were taught to do it in the bathroom. The conclusions of this research are children who have received treatment several times from therapists experienced good progress. Suggestions from this study is that in providing therapy, the therapist more patient, as well as the Al-Achsaniyyah institutions to pay more attention to use the facilities and infrastructure therapist.

INTRODUCTION

Each individual during early childhood have a process of growth and development is very rapid, this period is often called the golden age. In the process of child development should be given a positive stimulus of the family and the environment, so that aspects of child development as religious moral, cognitive, motor, social and emotional language can develop properly. The process of development is good and bad children are also affected by the surrounding environment and heredity, according Santrock (2007: 53) says that the growth factor is influenced by nature and nurture. Nature same case with biological heritage whereas nurture an environment experience factor.

However, not all children have the level of development and growth, we often encounter within the community there are children who experience a disruption in the level of development and growth, the disorder is very diverse can be a physical disorders such as deaf, disabled and physical disabilities to mental disorders like ADHD, anxiety (excessive anxiety), Downsyndrome to autism.

Autism is a neurological disorder that often results in the inability of communication and social interaction (Smith, 1998: 150). In this neurological disorder usually occurs in the first three months of pregnancy, it occurs when cells in the fetal brain can not grow perfectly. Interference autism is more common in men than in women, namely the ratio of 4: 1, many factors cause autism, but one of the causes of autism are impaired behavior. Child pollution autism appear as if they were shackled with a mind of its own, it This is because their children have difficulty in communicating with the surrounding environment. At the age of two years occurred in children with autistic disorders that have barriers in interacting with the surrounding environment, even though many of the children with autism who have normal levels of intelligence as children in general or even superior than the normal children of his age.

Based on the results of the survey in 2013 in Mental Health Development of the Ministry of Health estimated that there are 112,000 children in Indonesia bears autism, generally people of middle do not know much about autism disorders. In general, the situation of children with autism among people of middle very alarming. Besides the phenomenon that occurs when many parents are not aware of the early going autism disorders experienced by children. Currently autistic disorder receive considerable attention from the public, it is evident from the number of edu-

cational institutions to therapy for children with autistic disorder.

In addition to getting treatment of children with autistic disorder also very necessary to get an education this is because, most of the public schools and special programs for children with autism engage professionals experienced in terms of education children with autism spectrum disorders (Kidd, 2013: 107). With the result that education obtained handling children with autistic disorder can be precisely targeted. The media can increase children's ability to religion (Hasjiandito, 2015).

Based on the above description researchers interested in conducting research on case study handling approach using religious autistic children in Islamic boarding school Al-Achsaaniyyah in Kudus regency.

Autistic children

Autism is one of the children with special needs, the term autism comes from the word "autos" which means self and "isms" which means a flow, so it can be interpreted as a notion is interested in his own world (Suryana, 2004). Often children with autistic disorder showed the properties of disorder that starts from infancy, some of these traits: not responsive to other people, the movement is repeated as swing of branches, spin and twist the hands, avoid eye contact with others, remain in habits, and odd and attitudes that spirituality (National Information Center for Children and Youth with Disabilities, 1993).

According to Setiawan (2010) of the Journal of Pattern handling of autistic children in the Foundation Wings Mother Yogyakarta, Broadly speaking, the cause of the defect can be caused by external factors (environmental or exogenous) and the factor of the (descent or heredity). For the early detection of children with autism are very necessary so that the healing process is faster, it can be done by bringing the child to a psychologist or doctor to do some medical tests, and as for therapies that can handle the disorder is Occupational Therapy, Speech, Behavior, Sensory Integrals Activities Daily, Rhythm Music, physic therapy, Acupuncture and Hypnos Therapy, in addition to the diet of children is also very need to be maintained, children who have autistic disorder should go on a diet free of casein and gluten CFGF (Casein Free Gluten Free) because besides believed to improve indigestion, this diet can also reduce the symptoms and behavior of children with autism because gluten is a protein derived from plants for example wheat, oats and barley. While Casein is a protein derived from

cow's milk. Gluten and casein are not allowed for children with autism because gluten and casein including the types of proteins that are difficult to digest. Digestive enzymes in children with autism is lacking, thus making foods containing gluten and casein can not digest perfect.

Islamic Boarding School The Child With Special Needed

According to Arifin (1995: 240) defines a boarding school as an educational institution of Islam that is growing and is recognized by people around the dormitory system (campus) where receive religious education through the system recitation or Islamic institution of learning completely under the sovereignty of leadership (leadership) a or some leadership of Islamic boarding school with characteristics that are charismatic and independent in all respects.

According Rachmayana (2013: 19) Children with special needs permanent is abnormalities that children have both disorders nature or acquired later, directly or indirectly, would pose barriers to learning, this condition is relatively permanent, such as impaired concentration and attention, cerebral palsy and autism, Based on the description above, boarding inclusion is a place of Islamic education with boarding systems that cater for children with special needs, such as the blind, deaf and autism.

RESEARCH METHOD

Methods of qualitative research is a research method that is used to examine the condition of natural objects, where the researcher is a key instrument, data collection techniques triangulation (combined), data analysis is inductive, and qualitative research results further emphasize eat from generalization (Sugiyono, 2014: 1).

Qualitative research methods using the case study method, according to Yin (2009: 1) a case study is a strategy that is more suitable when the principal question of a study with regard to how or why, when researchers have little opportunity to control events will be investigated and, where research focus lies on contemporary phenomena (present) in the context of real life. The subject of this study is the parties involved, namely the chairman of the foundation, teachers, therapists, as well as the entire staff of Al-Achsaniyyah schools as well as parents of children with autism who are the subject research. Child autism who serve as research subjects amounted to 5 child. Methods and data collection tools used are observation, documentation and interview.

RESULTS AND DISCUSSION

Islamic boarding school Al-Achsaniyyah located at street Mayor Kusmanto Rt 04 Rw 03 Pedawang Village, District Bae, Kudus. Islamic boarding school Al-Achsaniyyah has a very convenient place due to being in the rice fields away from the noise so that the process of learning and therapy in schools is very supportive. Islamic boarding school Al-Achsaniyyah have a schedule of activities that began at five o'clock in the morning until eight in the evening. Here are five children who were the subject of research:

NMA

Nma is children with autistic disorders are female, is now 7 years old NMA, NMA can not stand and walk, do bowel and bladder pants, can not respond when spoken to, tantrums and eat and drink still assisted after doing therapy at Islamic boarding school Al Achsaniyyah Nma already can respond when spoken to, is able to walk and stand, it can eat and drink their own.

FZR

Fzr often move their limbs again and again, do bowel and bladder pants, have not been able to make eye contact, and hyperactivity, after doing therapy at Islamic boarding school Al-Achsaniyyah intensity move the body repeatedly became scarce, being able to use receptive language when trying urination and defecate, able to make eye contact albeit briefly, was able to sit still.

BAF

Baf always hyperactive when going to therapy and learning, have not been able to speak, has been unable to respond to communications, and tantrums, after doing therapy at Islamic boarding school Al-Achsaniyyah now BAF been able to sit still, able to speak despite the alliance, able to respond to communications, has been able to make contact eyes well and had good academic ability.

HFA

HFA can not respond to communications, perform bowel and bladder pants, wiggled his body, after doing therapy at Islamic boarding school Al-Achsaniyyah now HFA has been able to respond to the communication even with receptive language, bowel and bladder when you want to be able to respond with receptive language, moved his intensity body movements rarely.

AA

When I first came to Al-Achsaniyyah level of hyperactivity AA high enough, has not been able to speak, and have not been able to make eye contact, after doing therapy at Islamic boarding school Al-Achsaniyyah now AA unable to sit still when going to therapy, was able to speak and can make contact eye well.

Therapy and learning provided to the child will be evaluated, so that therapists and teachers can determine the level of capability that has been achieved by the child, the evaluation is done every day and learning programs as well as the treatment given to children conducted for one month. Results of the evaluation of the material therapy given to children every child therapy for a month in Al-Achsaniyyah use the value in the form of letters with the caption: A = Child is able to independently and consistently, A- = Children capable of independent but have not been consistent, P + = Child prom (assisted) part, P = Children prom (assisted) is full.

Therapeutic methods used in Islamic boarding school Al-Achsaniyyah is using ABA (Applied Behavior Analysis) .This method ABA therapy is conducted to educate and develop children's behavior were inhibited and to reduce behaviors that are not reasonable and replacing it with acceptable behavior in society. According Purwoko (2008) ABA derived from the theory of "operant conditioning" a Russian psychologist Ivan Pavlov and Theory "Classical Conditioning" of EL Thorndike. Theory is used the first time at the dog trials and the principle is the theory developed into antecedent (events that precede) Behavior (desired behavior) and Consequence (consequences in the form of reward or punishment).

According Hanjodo (2003: 50) argues that the purpose of doing therapy is for two-way communication that is effective, socialization into a common environment, eliminating or minimize behavior that is unnatural, teach academic material, the ability to help ourselves or cultivated themselves or other skills. The goal has been shown by the children in therapy over the years, but the changes are seen slowly.

The Applied Behavior Analysis method is applied to the treatment applied to children, while these therapies are:

Occupational Therapy there is generally a child with autism disorders have motor skills are not good, the movements of the child is rude and less flexible, occupational therapy can be given to children with autism disorders to help strengthen, improve coordination, and practice fine motor skills for children with disorders autism is more

skilled.

Speech therapy is a useful therapy to train children to be able to speak well, this therapy is a must autism, because all persons with autism have delays in speech and language difficulties.

Behavior this therapies are needed because children with autism often exhibit unusual behavior, behavioral therapy aims to help children with autistic disorder to better be able to adjust themselves in the society.

Sensory Therapy Integrals bring about because children who have autistic disorder have a different way of working brains of normal children in general.

Daily this Activity therapy is a therapy that helps children to be able to perform daily activities such as drinking, eating, wearing a shirt and pants, wearing sandals and shoes, hair combing, bathing, and toilet training .therapy is applicable for children with special needs, in particular in children with autism so that children can be independent in performing daily activities and no longer hang other people to take care of himself.

The rhythm of music therapy is a therapy that is intended for children with autistic disorder so that children are more relaxed, in doing this therapy the child is placed in room later played classical music / music with religious nuances.

Physic therapy is therapy that cater to individuals who have motor disorders. In some children who have autistic disorder exist with disorders of motor,

Acupuncture therapy has benefits for the balance between the level of energy and chemicals present in the human body, is no exception in the bodies of children who have autistic disorder.

Hypnos therapy is a therapy given to children with autistic disorder, in practice children are given positive suggestions of the therapist aims to give children the motivation in the implementation process in Al-Achsaniyyah therapy. In applying this therapy is the most important primary phase of building the trust a child to a therapist so that the child will be easier to be instructed and feel the affection of the therapist

In Islamic boarding school Al-Achsaniyyah therapists and teachers carried out by the same person, the amount of totality therapists and teachers SLB dealing with children who are considered not to be independent in Islamic boarding school Al-Achsaniyyah of six people, all the therapists and teachers of special schools was female. Besides therapists participation of parents is also large in the process of therapeutic success, while things that should be done by parents in the therapeutic process is enough and have many

big influence. It is the parents should have plenty of time for children and assist children as often as possible so that children feel safe and comfortable. Besides that parents should also be active in providing stimulation therapy and apply the material at home and supervise children in activities in house. According Kusumayanti Goddess (2011) of food consumed by children with autistic disorder must also comply with the diet CFGF (Casein Free Gluten Free) because besides believed to improve the indigestion, this diet can also reduce the symptoms and behavior of children with autism because gluten is a protein derived from plants for example wheat , oats and barley. While Casein is a protein derived from cow's milk. Gluten and casein are not allowed for children with autism because gluten and casein including the types of proteins that are difficult to digest. Digestive enzymes in children with autism is lacking, thus making foods containing gluten and casein can not digest perfect.

Factors that support the therapeutic process in Islamic boarding school Al-Achsaniyyah in Kudus

In the implementation of therapy and learning there are factors that support the activities of these therapies, it so happens supportive factor, namely: The availability of facilities and infrastructure that supports the therapeutic process, the existence of adequate labor, the condition of the child is in good condition, the role of the parent when the child was at home.

Obstacles in the therapeutic process in Islamic boarding school Al-Achsaniyyah in Kudus

Each of the activities carried out in Islamic boarding school Al-Achsaniyyah there are some obstacles from teachers, therapists and chairman of the foundation, while the obstacles are:

Should a teacher at Islamic boarding school Al-Achsaniyyah further optimize the use of facilities and infrastructure in place to hold in high esteem level of academic development of children, should therapist increase the time used for therapy for the child, so that the therapeutic process to maximize and effectively, should the Islamic boarding school al-Achsaniyyah adding labor services whose job is to take care of children while urinating and bowel movements so that therapists and teachers can focus on providing therapy and learning.

CONCLUSION

Results of treatment therapies for children who have autistic disorder in Islamic boarding school Al-Achsaniyyah concluded having success, the therapy process which has been carried out by children, have an impact on progress towards significant growth, both in attitudes, religion and the therapeutic process academic. Although process requires a long time. In the treatment, the implementation of the therapy in Islamic boarding school Al-Achsaniyyah have several obstacles, namely children whose compliance still can not be directed, children who are hyperactive, the child can not make eye contact with the well, the child has difficulty in speaking, the child's condition when tantrums, state the child is not healthy and the role of parents when children are at home.

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