



Background of Parents Including Their Children Practicing Martial Arts Sports in Merauke Regency

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Abstract

This study aims to determine the background of parents of martial arts participants in Merauke district. The subjects in this study were parents of students, consisting of men and women. The sample involved in this study were 217 parents consisting of four types of martial arts in Merauke Regency. The data collection technique uses a questionnaire. The questionnaire used is a Likert scale with four types of answer choices. Questionnaires were made based on sports goals from the 2005 National Sports System Act. Data analysis methods used descriptive quantitative. The results of this study indicate that the background of parents involving their sons and daughters in martial arts is 32.26% due to sports achievement goals, 28.55% due to recreational sports backgrounds and 39.18% due to educational sports background. Based on the results of this study, it can be concluded that the background of parents includes their children practicing martial arts in Merauke Regency due to educational sports goals.

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INTRODUCTION

Sports performance cannot be achieved with an instant process. Preparation of the duration of the match must be done in the form of training. In addition to the method of exercise training, mastery of motion must be introduced from an early age. With the introduction of this type of movement from an early age, it is expected that besides physical readiness, it will also increase the creativity of children's motor movements. Therefore many sports activities start from an early age. In the age of children who are still in the age of development and growth should be guided by the closest people and give influence to children who are sedentary, one of which is parents. The meaning of sport is a regularly planned and systematic activity. Sport is a series of organized and planned physical movements to promote motion and improve mobility. Besides that exercise is also a necessity of life that is periodic in nature, meaning that it is a tool to maintain, foster health and cannot be abandoned. Exercise also stimulates physical, spiritual and social growth and development. Sports cannot be separated from human life, because human life consists of two aspects, namely physical aspects and spiritual aspects. These two aspects cannot be separated if both develop and grow in harmony, then a harmonious life will emerge.

Sports can be said to be a very important element for human life. Harmony of physical and spiritual aspects will be obtained by regular exercise. Sports training is a means of fostering and developing sports in accordance with the development and development of sports, carried out through the stages of the introduction of sports, monitoring, scouting, and the development of talents and achievement improvement. The development and development of sports is carried out through family channels, educational channels, and community channels based on the development of sports for everyone. coaching through family channels through parents. Parents play an important role in sports coaching, psychological development and children's education. The involvement of parents has also further provided insight into their social competencies as part of a social society (Rahman, 2014). Children will not be able to escape the role of parents themselves. Children will fulfill physical, biological, and social needs that will continue to achieve an independent self-realization in the subsequent growth with the intervention of parents. The role of the family is also very important in choosing a school or training club for their children. Family is an

important factor in creating learning motivation for a child so that children can be excited and learn (Anggraini, 2014). So parents must really know the state of the school and the club that will be occupied by their children later. Parents play an important role in every child's development, so parents must be able to control the activities and development of children every day.

Parents who are aware of the nature of their learning will do so to achieve the goals of children's education. a child who experiences the learning process experiences interaction with the environment or environment. Learning is essentially a process of interaction with all situations around an individual, learning can be seen as a process directed at the goals and processes of doing through various experiences (Azibah, 2016). For this reason the learning process is highly recommended from an early age. Experience in childhood and adolescence in a group has an influence on personality development (Mastuti, 2005). After the child or student learns, there will be a fundamental change. Learning that is successfully demonstrated by the mastery of the material by students (Arif, 2015). The atmosphere of sports training is used to progress in accordance with sports goals. In sports training, besides teaching physics, it also teaches techniques wherein in a competition it is trained to master systematic thinking. Critical thinking includes the psychological characteristics of a person who can know his qualifications (low, medium or high) and it can be known if measurements are made with clear rules and formulas (Kartimi, Liliastari, & Permanasari, 2012). For this reason, in the process of sports training, students are required to follow and follow the rules that have been set. Learning activities are not only transferring knowledge from teachers to students but also combining skills in conveying messages so that they can affect students' ease of learning (Bendi, 2016).

Refer to the Act Number. 3 of 2005 concerning the National Sports System, sports coaching is carried out through three dominant, namely educational sports, recreational sports and achievement sports. Based on the three destination domains of Law No.3 of 2005, it is possible for parents to participate in their activities in participating in sports training, especially martial arts due to educational factors, recreational sports and sports achievements. Each of the goals to be achieved by each parent has a different motivation even though the child as a sportsman in the same place. The objectives to be achieved include three things above. Basically the innovation is destructive but there are also creative elements,

so that there is always something missing, fading, and then dying. But on the other hand there is something new that lives that replaces it. (Fatmawati, 2018) Part of sports obscurity includes martial arts. Martial arts sports have characteristics that are slightly different from other branches. Martial Arts consists of individual sports, and team sports. The ability of each individual in the martial arts branch has the necessity to win a match that is obliged to have strengths in terms of physical and supported by qualified techniques.

Based on observations made in Merauke district, information was obtained that many positive activities were carried out by the community every afternoon. The positive activities carried out in the afternoon are dominated by sports activities which are mostly dominated by school-age children as exercise participants. Based on observations made in martial arts activities, it consists of many schools, all of which are in demand by school-age children. This is evidenced by the dominance of school-age children who participate in martial arts training. Another thing that was encountered in the field was that in addition to children who do sports activities also found parents of students who willingly deliver, pick up and wait for their children from the beginning to the completion of their training activities. This phenomenon is actually not a strange phenomenon, but to convince existing assumptions, in-depth research is carried out in confirming the meaning of these activities. Parents have the right to direct their children to follow and channel their talents in accordance with individual abilities. Based on psychological aspects, personalities such as motivation, attitudes, concentration, skills, and self-confidence are psychological factors that play an important role in improving achievement. Motivational aspects play an important role in a person's psyche because motivation is one of the supporting factors as a driver for the realization of actions or human behavior. Therefore, this research was carried out to ensure that motivation motivated parents to include their children in self-defense training activities in Merauke district. This study aims to determine the background of parents of martial arts participants in Merauke district.

METHODS

This research is quantitative descriptive. The method used in this study is a survey, while the data collection technique uses a questionnaire. Data collection techniques using a questionnaire in the form of a written statement given to

respondents to be filled in accordance with the actual situation. The population in this study were all parents who included their children in martial arts in Merauke Regency. The sampling technique used in this study was purposive sampling, the conditions determined to take samples included criteria, a) having attended training for at least two months, b) being active in training, c) getting special attention from the trainer because of the active participation of parents his child. The total number of samples was 217 respondents, namely parents of children who participated in martial arts training. The data collection technique in this study used a questionnaire that had been tested with valid questions totaling 28 and which were rejected because there were two invalid statements. While the value of instrument reliability is 0.953 in the very high category. The data analysis technique in this study is descriptive analysis which aims to describe the state of the background level of parents involving their children in martial arts training activities in Merauke Regency. After the data is collected, the analysis carried out in this study is to use a percentage.

RESULTS AND DISCUSSION

This research was carried out at a training camp located in Merauke City. In precise detail the research based on self-defense training according to the sample was conducted at the martial arts training center in Merauke Regency. When the study was conducted for approximately 3 months. More details of the study were carried out starting in March 2018 until May 2018. The overall results of the study were based on the results of the questionnaire that had been analyzed. The background of parents in involving their children in participating in martial arts activities in Merauke Regency is described in two, namely based on male and female gender. The results of the description of the research results are as follows:

Background of Male Parents

Background of Male Parents in Boys

The number of trainees participating in martial arts training in Merauke Regency, male sex consisted of 129 students. The male parent background of the male student participants is as follows **Diagram 1**:

Based on the explanation of the **Diagram 1** above, male parents who have sons are more dominant wanting their sons to participate in martial arts training activities because they are

based on the desire for educational sports. This is evidenced by the background because recreational sports amounted to 28.19%, lagged behind due to sports achievements of 32.28%, as well as parents' backgrounds in including their sons and daughters for reasons of educational sports by 39.53%.

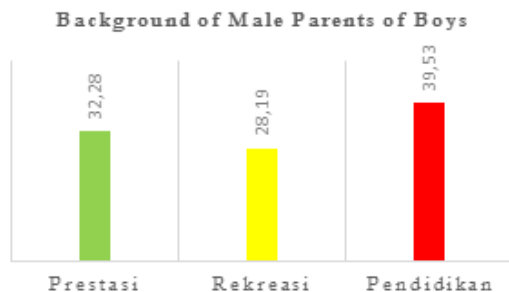


Diagram 1. Background of a Parent from a Boy

Background of Male Parents in Girls

The number of trainees participating in martial arts training in Merauke Regency, which is female, consists of 112 students. The male parent's background of female student participants is as follows **Diagram 2**.

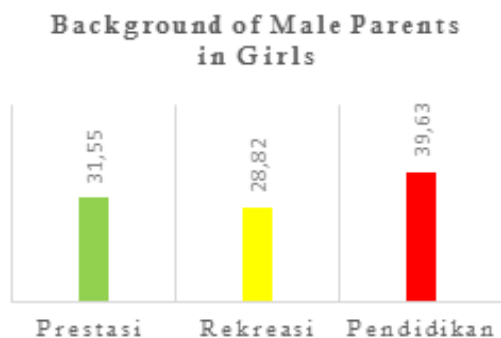


Diagram 2. Background of the Parents of the Daughters of Women

Based on the explanation of the **Diagram 2** above, male parents who have daughters are more dominant wanting their daughters to participate in martial arts training activities because they are based on the desire for educational sports. This is evidenced by the background because recreational sports amounted to 28.82%, lagged behind due to sports achievements of 31.55%, as well as parents' backgrounds in including their sons and daughters for reasons of educational sports by 39.63.

Background of Women's Parents

Background of Parents of Women in Boys

The number of trainees who participated in martial arts training in Merauke Regency, male sex consisted of 88 students who provided

information from female parents. The results obtained, can be seen as follows **Diagram 3**.

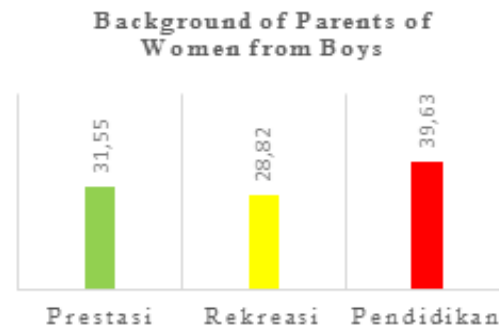


Diagram 3. Background of Parents of Women Against Boys.

Background of Parents of Women Against Women based on the presentation of the **Diagram 3** above, parents of women who have sons are more dominant wanting their sons to participate in martial arts training activities because they are based on the desire for educational sports. This is evidenced by the background because recreational sports amounted to 28.82%, lagged behind due to sports achievements of 31.55%, as well as parents' backgrounds in including their sons and daughters for reasons of educational sports by 39.63%.

Background of Parents of Women in Girls

The number of trainees who took part in martial arts training in Merauke district which was female, the respondents from female parents consisted of 56 female students. The parents of women giving information to girls could be described as follows **Diagram 4**:

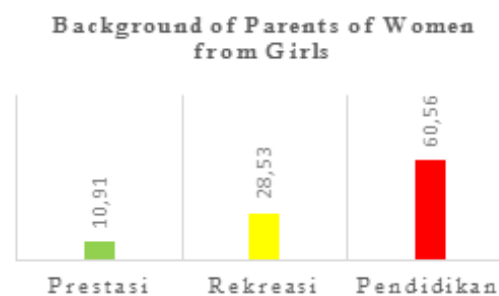


Diagram 4. Background of Parents of Women Against Girls

Based on the presentation of the **Diagram 4** above, female parents who have daughters are more dominant wanting their daughters to participate in martial arts training activities because they are based on the desire for educational sports. This is evidenced by the background because recreational sports amounted to 28.53%,

neglected due to reasons of achievement sports of 10.91%, and background of parents in including their sons and daughters for reasons of educational sports by 60.56.

Complete Background of Parents participating in Martial Arts Sports

The background of parents involving children in martial arts training conducted in Merauke Regency as a whole was measured by involving 217 parents as respondents, with details of 129 male respondents and 88 female respondents. From the results of data processing, it was concluded that the background of the parents of all the samples in this study which included sons and daughters, can be seen in the following **Diagram 5**.

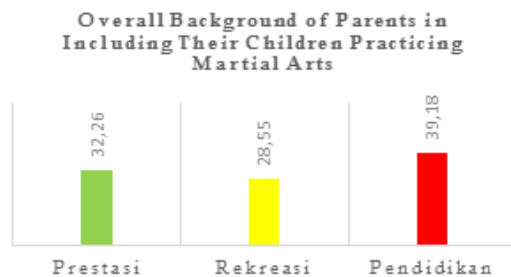


Diagram 5. Overall Background of Parents

Based on the **Diagram 5** described above it is known that the background of parents involving their children in martial arts training based on the desires of sports achievements of 32.26%, based on recreational sports by 28.55% and based on educational sports background of 39.18%. Based on the explanation of the results of the above research it is known that the background of parents participating in martial arts training has a greater purpose so that their children are serious as learning education.

Development of developmental age and growth in sports cannot be done instantly. There needs to be collaboration between all layers in realizing the desire of sports. One of the supporting factors of sports in achieving achievement is the support given by parents or the closest people in realizing sports achievements. At school age students are not only the responsibility of a physical education teacher but also the responsibility of the parents outside the school hours. Every sport branch has an organization in conducting nurseries, fostering competition in stages and continuousl

Students who take part in martial arts activities in Merauke Regency, although there is a bit of "torture" in participating in sports training

but it is used as a spirit of forging in youth. This is in accordance with the expression (Sumarsono, 2018) which reveals that the prevalence of youth will affect skills in adults later. Based on the narrative of the participants in the martial arts practice, they were supported by a sense of pleasure and regarded as a recreational game or activity, including the expertise in physical activity. The hope that the parents implied in this study was that most of them had a goal to exercise education, therefore as administrators they could foster and direct according to the objectives of the training activities. The background in sports is very diverse but in this study only limited to sports pretensions, recreational sports and educational sports.

Achievement factor

Parent's background includes children in martial arts training in Merauke Regency based on achievement factors based on physical development and growth, talent development, and infrastructure. Based on the research, it means that parents include children in self-defense training because parents want their children to have good animations in martial arts. In terms of physical development it is expected that children have good physical fitness and have ideal physique. The highest expectations of parents are to get high achievements in the participating branches.

Recreational factors

Based on promotions and free time usage. Parents see that using martial arts promotion media can send their children to fun recreational activities. Another thing in recreational factors is the fear of parents in educating their children so that they don't fall into negative things. So children are preoccupied with sports activities that require adrenalin and challenges.

Educational Factors

Educational factors are based on knowledge, discipline, and social relations. Denagan includes his children in the martial arts so that the parents hope that school education can be continued in relation to discipline, knowledge and social relations with friends and coaches. The relationship that is expected to be achieved if participating in martial arts matches.

CONCLUSION

The conclusion that can be drawn from the results of this study is the motivation behind the parents in involving their children in participating

in martial arts sports in Merauke Regency due to achievement sports factors of 32.26%, based on recreational sports of 28.55% and background in sports education by 39.18%. Based on the research, it can be concluded that the background of parents involving children in the biggest martial arts sport is education. Based on the results of the presentation carried out in the collection of data, it was also known through interviews when giving questionnaires found the fact that in addition to the goals to be achieved in including their children as early as possible children could increase knowledge, add friendship among children who have the same talent in participating in martial arts training students can maintain, defend and themselves from the threat of danger in order to navigate life later. The results of this study are expected to be one of the theoretical references that sports activities are not always motivated by the desire for these sports achievements.

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