

## Management of Organizing Sports Classes at Public Junior High School 1 Bodeh Pemalang Regency

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### Abstract

The purpose of this study was to describe and analyze the management of the implementation of sports classes at Public Junior High School 1 Bodeh in Pemalang district which focused on the main problems, namely: (1) organizing, (2) students, (3) workforce, (4) curriculum and training programs, (5) infrastructure, and (6) funding. In this study, a qualitative approach was used. Data collection techniques use interview, observation and documentation techniques. The data sources were taken from the Sports Class Implementation Team. Data validity is obtained by triangulation. Data were analyzed by (1) data reduction, (2) data presentation, and (3) concluding. The results of the study showed that the management of sporting classes at Public Junior High School 1 Bodeh in Pemalang district was generally good by the Guidelines for the implementation of sports class programs. Sports class coaching organization at Public Junior High School 1 Bodeh has established good relations with the local government but has not established cooperation with universities in order to implement sports science and technology. Management of students has run well, starting from recruitment, implementation of learning, and implementation of training programs. Manpower management is also good enough, physical education teachers in sports classes are qualified, while the trainer has a minimum training certificate. For the sports class curriculum, it has been running well with the regular class curriculum, namely the 2013 curriculum with its syllabus for physical education subjects plus more material on the branches of Athletics, Volleyball, and Artistic Gymnastics in accordance with the sports developed at Public Junior High School 1 Bodeh, As for the sports class training program at Public Junior High School 1 Bodeh has not gone well, the management of sports class infrastructure facilities at Public Junior High School 1 Bodeh has run well. The management of funding for the sports class program at Public Junior High School 1 Bodeh has run quite well, ranging from the use of its aid funds and reporting.

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## INTRODUCTION

Training and development of sports are carried out through family channels, educational paths, and community pathways based on the development of sports for all people that lasts for life. (Constitution of the Republic of Indonesia Number 3 of 2005 Article 21 paragraph 4).

To develop sports achievements in educational institutions in every education pathway can be established sports activities units, sports classes, training and training centers, sports schools, as well as a tiered and sustainable sports competition. (Constitution of the Republic of Indonesia Number 3 of 2005 Article 25 paragraph 6).

In the guidebook for the implementation of sports classes the Directorate General of Primary and Secondary Education Management (2016), explained that sports class is a co-curricular activity that is expected to increase interest and channel students' talents to become potential athletes in the future. According to Agus (2010), Sports class is a coaching model implemented in the target school that involves a group of students who are identified as "gifted" sports (having sports excellence) within the school. The purpose of this class is to improve the skills of students who have achievements in the field of sports. Activities carried out can get better physical fitness, because physical fitness is good, in learning activities, there are also no obstacles. So it is expected that the academic value can also be better.

Physical fitness is one of the prerequisites for being able to perform physical activities efficiently and effectively. Because it can reduce and prevent the possibility of hypokinetic (Braam et al. in Soegiyanto, 2010).

Management of the implementation of a good sports class program is very necessary with the aim of producing high-achieving athletes so that the management of the Sports Class must be directed to support the continuation of the development of sports achievements.

Jiwanto in Sumardi (2005) describe in detail the word management from aspects of grammar that can function as nouns obtained by

the word management and manager. Management means a group of people and has meaning as a discipline or a field of study. The manager means a profession, career, or someone's job assignment.

Rumini (2015) Define management is a typical process consisting of planning, organizing, implementing and controlling actions wherein each of these fields science and expertise are used which are followed sequentially to achieve predetermined goals and objectives. Harsuki (2003) stated that "Sports management is a combination of management science and sports science." (Harsuki, 2003) Management is defined as "an ability to obtain an outcome, in order to achieve goals through the activities of others." According to Harsuki (2003), Sports management is divided into three major parts, namely: (1) Management events (events), (2) Permanent Institutional/Institutional Management, (3) Management of sports facilities. Permanent institutional management is management activities carried out in permanent institutions such as Government Sports Offices, KONI, Parent Sports Organizations, and clubs or sports clubs.

Public Junior High School 1 Bodeh as a school that organizes sports class programs, as one of the efforts to develop sports achievements the results have not been satisfactory, in the Central Java Province POPDA Junior High School 2016 Pemalang district contingent sent 31 athletes from various junior high school students in Pemalang regency, from 31 athletes, Pemalang district, who are from Public Junior High School 1 Bodeh, 8 athletes or 26%.

Pemalang Regency contingent at the Central Java provincial POPDA Junior High School gained 1 gold, 1 silver and 5 bronze medals, Public Junior High School 1 Bodeh from 8 athletes selected in Pemalang regency contingent and medal won 1 bronze medal, the results This is certainly not satisfactory, so the management of the implementation of a good sports class program is very necessary with the aim of producing high-achieving athletes, so that the management of the implementation of sports

classes must be directed to support the continuity of the development of sports achievements.

data collection, data reduction, data presentation, and data verification.

## METHODS

Mastery of the research methodology must be precise and lead to the objectives of the problem to be studied so that the results obtained are by the expected objectives (Tri, 2013).

This study includes evaluative research, According to Hasan in Kamal (2011) states that evaluation research uses design/design with mixing method or elective, tries to find answers, to how far the goals outlined at the beginning of the program are reached or have signs to be achieved. With the program evaluation being carried out, it is expected that it can reduce any constraints that exist in the implementation of sports class performance training programs and can be minimized gradually. (Habibie, 2016)

This research was conducted with a qualitative approach. Qualitative research is carried out on natural objects. A natural object is an object that develops as it is, not manipulated by researchers and the presence of researchers does not affect the dynamics of the object. Researchers act as instruments as well as data collectors. Data collection techniques through in-depth interviews, observation, and documentation. Data collection instruments (Suharsimi, 2005) is a tool that is chosen and used by researchers in their activities to collect data so that the activity becomes systematic and facilitated by it. The researcher acts as a full observer and interviewer.

The informants used in this study consisted of sports class implementing teams. In this study to obtain the validity of the data using triangulation of sources is comparing the results of interviews with the contents of the relevant documents. According to Patton in Moleong (2009), Triangulation with sources means comparing and checking the degree of trust of information obtained through different time and tools in qualitative research. Data analysis techniques in this study were carried out inductively, namely, an analysis that began with

## RESULTS AND DISCUSSION

The sports class program under the guidance of the Ministry of Education and Culture, to the regions, is guided by the district/city Education Agency. Schools organizing sports class programs must form a sports class implementation team. Team members are from the school concerned. Public Junior High School 1 Bodeh sports classes accommodates 96 students who are divided into 3 classes: 7B sports class, 8B sports class and 9B sports class, each class 32 students, who during their education receive lessons such as regular students, students in sports classes will get more sports training, which is expected to be a reliable athlete in accordance with his disability. In the recruitment of sports class students tailored to their needs, the requirements here are by the sports developed at Public Junior High School 1 Bodeh.

Sports class teachers at Public Junior High School 1 Bodeh for other subjects are the same as regular classes, while for Physical education teachers in sports classes as coach coordinators must be qualified: minimal education sports graduate (S1), has the ability to compile, implement, and evaluate the implementation of the training program, has high dedication and responsibility, in this case at Public Junior High School 1 Bodeh physical education teacher appointed as the coordinator of the trainer is Mr. Sigit Wijonarko, S.Pd, he is a graduate of Tunas Pembangunan Surakarta University from the S1 POR (Sports education) program. The one who determines the trainer in sports class Public Junior High School 1 Bodeh is a school principal and sports class implementation, team. The trainers in sports class Public Junior High School 1 Bodeh are prioritized in the schools that can train sports developed at Public Junior High School 1 Bodeh, the sport that was developed in Bodeh as a priority is athletics as an obligatory sport in sports class organizers. Then, the other two sports that were developed at Public Junior

High School 1 Bodeh were volleyball and artistic gymnastics. Trainers in sports classes are expected to be able to handle two aspects, namely aspects of educators and aspects of training. The workforce management of the sports class at Public Junior High School 1 Bodeh is basically by the technical implementation of the sports class program, that is physical education teacher has fulfilled the qualifications as the trainer coordinator in the sports class, while the trainer also has a minimum training certificate.

Special sports classes at Public Junior High School 1 Bodeh use the current curriculum in the world of education in Indonesia using the National Education curriculum (K13), and in general the sports class curriculum is the same as the curriculum in regular classroom education, it's just that in the sports class there is additional exercise material and the intensity of learning time is more compared to regular classes in general, although the curriculum in sports classes has an additional number of hours of learning, however the curriculum must be adjusted to the weight/proportion that can develop students both in sports and academics, therefore Public Junior High School 1 Bodeh is required to design learning programs/exercise programs, syllabi, and competition programs, and all of them must refer to the current curriculum this is the National Education curriculum (K13). The focus of sports-specific class activities is to shape students into athletes who produce a lot of sports achievements, so sports class students are directed to have an advantage in the field of sports.

The daily training program is a core activity in the sports class program, which is the provision of training programs to improve the skills of sports class students. Skills can be understood as indicators of proficiency levels. Mastery of a motor skill is a process in which a person develops a set of responses into a coordinated, organized and integrated movement pattern (Sulaiman, 2014) so that with increasing skills, it is expected that it can improve the achievement of sports class students. Because students of special sports classes also take part in learning as in regular classes, as proof of

evaluation or as administrative, physical evidence of learning, students of sports class programs are also given report cards which in this case report cards owned by sports class students are slightly different from regular class students. What distinguishes other than academic achievement of regular classroom learning, contains the value of sports performance by the disability, complete with a description of real data as a guide for grading or measuring tests of the trainer, in writing.

Training facilities and infrastructure strongly support the exercise activities of sports class students. The facilities used for training students in daily sports classes are soccer fields for Running Number athletics, the field for javelin throwing, disc throwing, bulletproofing, long jumping, Volleyball pitches, indoor spaces for artistic gymnastics and high jump. Infrastructure is one of the most important aspects of the learning process for special sports classes. Public Junior High School 1 Bodeh in need of sports class facilities or facilities can be considered quite good. This can be seen from the facilities used in the sports class at Public Junior High School 1 Bodeh that have met general standards. Sports learning activities are not only carried out by sports classes. Basically regular class students also have sports learning even though the time intensity is less than sports classes, but the facilities or facilities used are tantamount to infrastructure facilities for sports class students, therefore the provision of infrastructure sports classes are carried out together with the school, because the use of infrastructure is used by all students of Public Junior High School 1 Bodeh, and in sports classes usually for goods or facilities that are urgently needed to be replaced, the sports class inventory committee can procure goods first.

In carrying out management, begins with planning. Infrastructure management begins with a needs analysis, namely the sports class trainer proposes the necessary facilities and then is discussed by all sports class implementing committees. Determination of priority scale for the fulfillment of sports facilities is carried out with several considerations. Accordingly, the

determination of priority scale for sports class facilities at Public Junior High School 1 Bodeh refers to the most important and urgent facilities but must be by general standards or competency standards. Special sports classes at Public Junior High School 1 Bodeh have three sports namely athletics, volleyballs, and artistic gymnastics. Therefore the facilities in the sports class are not far from the equipment of the three branches. The management of sports class infrastructure in Public Junior High School 1 Bodeh is good enough, this can be seen from the planning process of procurement of goods, inventory of infrastructure, and maintenance of facilities, things this is by the technical implementation of a sports class.

Sports class program at Public Junior High School 1 Bodeh, Pemalang district is one of the schools that receive funding from the central government, namely the National Budget through the Decree of the Director of Secondary School Development, Directorate General of Primary and Secondary Education, Ministry of Education and Culture 2016 Number: 573/D3/KP/2016 about the establishment of a school for sports class management assistance programs. The amount of the budget for each school every year is 50 million rupiah. Funds from the central government are used for the costs of selection for sports class students, training and eating costs, trainer fees, sports team honorariums, sports class competition fees, exercise progress measurement fees, and sports class report preparation fees. Management of sports class funding at Public Junior High School 1 Bodeh is by the technical implementation of sports classes.

## CONCLUSION

Overall this study concludes that the management of organizing a sports class at Public Junior High School 1 Bodeh in Pemalang district is good enough in its development. Sports class coaching organization at Public Junior High School 1 Bodeh has established good relations with the local government, Dindikpora, KONI Pemalang district, and Pengkab sports branches

being developed, but have not cooperated with universities in implementing sports science and technology in sports class programs.

The management of students at Public Junior High School 1 Bodeh has been going well, starting from recruitment through administrative selection, physical ability tests, sports exclusion tests. In the implementation of the learning, the sports class students must also follow the academic rules and school rules such as regular class students, and the sports class students must be disciplined in attendance and carry out the training program according to their abilities as sports class students.

The workforce management of the sports class at Public Junior High School 1 Bodeh is also quite good, physical education teacher in Public Junior High School 1 Bodeh sports class has qualified as a sports class coach coordinator while Public Junior High School 1 Bodeh sports class trainers are also from physical education teachers of Public Junior High School 1 Bodeh, who have the ability to train sports that are developed in sports classes and have a minimum training certificate.

Curriculum Management and Sports Class Training Program at Public Junior High School 1 Bodeh, for the sports class curriculum has been going well with the regular classroom curriculum, namely the curriculum that applies at the school of Public Junior High School 1 Bodeh using the 2013 curriculum, proven to have available syllabi, Prota, Promes, and RPP curriculum 2013 in sports classes which are generally the same as regular class curriculum, the implementation of sports classes is expected not to interfere with the implementation of teaching and learning activities, while additional sports class activities are carried out outside the school's effective learning hours, usually carried out after school.

The sports class training program at Public Junior High School 1 Bodeh has not gone well, the training program has not been written in writing, the training program has not been communicated to students.

The management of sports class infrastructure facilities at Public Junior High School 1 Bodeh has run well, the infrastructure as

a support for the sports class program at Public Junior High School 1 Bodeh is quite complete, well maintained, well inventoried.

The management of funding for the sports class program at Public Junior High School 1 Bodeh has run quite well, ranging from the use of its aid funds and reporting.

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