

Evaluating Coaching Achievement Taekwondo Sports Branch of Students Development Center and Sport Training NTT

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Abstract

This study aims to: evaluate the antecedent, PPLP NTT taekwondo sporting achievement program which includes athletes and coaches, financing, facilities and infrastructure, evaluating transactions, controlling training and learning processes, calmness, training planning programs, consumption, promotion and degradation, transportation and coordination, evaluating outcomes, namely achievements in sports and academic fields. This study is a program evaluation research, with qualitative research methods, the model of the approach used is the evaluation of model maintenance, the source of the research data is the management, trainers and athletes. Data collection techniques are observation, interviews, documentation and data circulation. The results of this study are: antecedent, including the selection of athletes and coaches going well because they are selected based on the terms and conditions that apply, poor infrastructure and facilities due to unavailability of buildings and mattresses for training, good sources of funds because the source of funds comes from Kemenpora and APBD, transaction, covering the control of the learning exercise process in accordance with what was determined, the calm has been going well because in the dormitory there are those who control, the implementation of the training program is very good because there is an exercise program, funding/funding is good enough, consumption and transportation are good, coordination has gone well, the outcome, the achievements of athletes in the field of sports have decreased performance and are not stable because they have not reached the expected target, achievement in the academic field is good enough. The conclusion is that: Antecedents, selection of athletes and coaches that are feasible because they are selected through a selection process in accordance with the appropriate provisions, facilities and infrastructure are still not fully fulfilled, for funding has gone well, funds come from Kemenpora and supported by NTT provincial APBD funds. Transaction control of the training and learning process has been going well, the trainer is always required by the board to take part in trainings, the administrators always provide counseling related to nutrition and psychology to athletes, calmness is running well because there is control, the implementation of the training program has been running according to what has been determined by the trainer, consumption, promotion and degradation is already underway with what is stipulated by PPLP NTT, transportation is quite good, coordination has gone well without any significant obstacles. Outcome, achievement in the field of sports has decreased, for achievement in the academic field is quite good because there has been no degradation through academic achievement.

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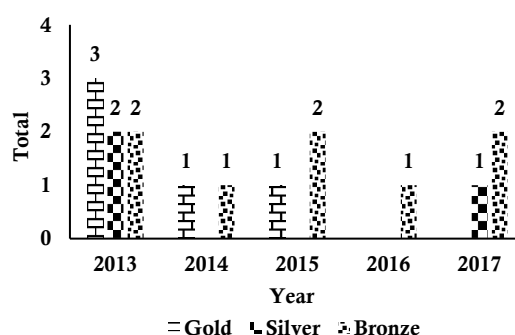
INTRODUCTION

Sports development is one of the efforts to improve human resources. Sports coaching efforts are primarily directed at improving the physical, mental and spiritual health of the community and are aimed at the formation of personality traits, high discipline and sportsmanship and to improve achievements that can arouse a sense of national nationality. Coaching and development of sports achievements is carried out by empowering sports associations, developing centers of national and regional sports coaching, and organizing tiered and sustainable competitions (Law No. 3 of 2005 concerning the National Sports System).

Achievement coaching according to Puig & Vilanova (2011) three conditions must be fulfilled: (a) the existence of passion, which characterizes pleasure and suffering, underlies the soul and other actions as drivers that encourage athletes to succeed, regardless of all the problems maybe he is facing right now; (b) very emotional, which may be done only if accompanied by knowledge and experience in the surrounding environment that has been acquired so far; and (c) the conciliation between the emotional and the rules of each characteristic of the sport. The achievement of peak achievements in sports can only be achieved through a systematic, planned, organized and continuous coaching process (Rosbin Pakaya, 2012).

National sports development can be carried out as well as possible, necessary components and components are (1) aim, (2) management, (3) energy, (4) athlete, (5) sfacilities and infrastructure, (6) structure and content of the program, (7) learning resources, (8) methodology, (9) evaluation and research, and (10) funds (Asalam, 2015). A systematic, planned, regular and continuous coaching process needs an evaluation because an area of work can be done well or badly if an evaluation has been carried out (M. Haris Satria, 2012). Therefore, peak achievement needs to be explained in a comprehensive concept in a tiered coaching pattern and conduct an evaluation of the coaching program.

Preliminary study and data collection of sports researchers who were fostered in PPLP NTT, namely taekwondo, athletics, boxing and pencak silat. In the process of coaching sports achievements in PPLP NTT, especially the sport of taekwondo requires supporting components, among others, athlete selection, trainer selection, facilities and infrastructure, financing/funding, consumption/nutrition, experts such as medical, physical trainer, nutrition, physic therapeutic and psychological (PPLP Coach Taekwondo, September, 18, 2017).



Picture 1. PPLP NTT Medal Acquisition Diagram Branch of Taekwondo Sport

The diagram above can be seen that the achievement of the taekwondo at PPLP NTT has decreased and was unable to maintain its achievement, in 2013 to 2015 athletes PPLP NTT sports Taekwondo still gets a gold medal but after those PPLP athletes in NTT sport Taekwondo no longer get a gold medal.

Early studies of researchers in the field researchers obtained data about the advantages and disadvantages that exist in the branch of PPLP NTT Taekwondo sports, namely, with regard to the components of achievement coaching for the recruitment of athletes, recruitment of trainers, expert energy (medical, physical trainer, nutrition, physic therapy, psychological), consumption/nutrition and funding are good because it has met the PPLP NTT regulatory standards while the facilities and infrastructure have not been good because it has not met the PPLP NTT standard (PPLP Taekwondo Trainer, September, 18, 2017), therefore it needs evaluation to be taken into

consideration for NTL PPLP management taekwondo sports and related parties.

METHODS

The research method used is a qualitative approach with the Model Evaluation model developed by Stake. Judging from the stages of the antecedent (the situation before it takes place), the transaction (activities that occur and influence each other) and outcome (results obtained), this means obtaining accurate and objective information and comparing what has been achieved from the training center program in PPLP NTT branch of Taekwondo sports from events that will be participated by PPLP athletes in NTT sports Taekwondo.

Program evaluation can be done using evaluation models that are initiated by experts, there are several models used to evaluate each program, among others, (1) Kirkpatrick evaluation model, (2) evaluation of the CIPP model, (3) evaluation of the Wheel (Wheel) model from Bebe, (4) evaluation of the Proves model, (5) evaluation of the Sthake model, and (6) evaluation of the Brinkerhoff model (Widoyoko, 2010).

Every thing mentioned above has three dimensions that have been explained namely antecedents (context), transaction (process) and outcomes (output). Description consists of two aspects, namely intents (goals), and observation (effects) or what actually happens, while judgment consists of two aspects, namely standard and judgment (Arifin, 2016).

The location of the study will be conducted in PPLP NTT. The subject of the research is determined by the researcher to be taken as the main subject of a researcher, in this case the main subject is PPLP NTT which includes administrators, coaches and athletes in taekwondo sports.

RESULTS AND DISCUSSION

The validity of the antecedents input the achievement coaching program which includes, selection of athletes, selection of trainers,

availability of facilities and infrastructure and funding/financing of the implementation of achievement training programs in Taekwondo sports in PPLP NTT. Recruitment of athletes in the taekwondo branch at PPLP NTT has been going well because the recruitment is based on predetermined requirements and involves many parties in terms of cooperation to get athletes to be fostered and will be able to perform well at the national and international levels. Recruitment and recruitment of the taekwondo branch of the PPLP NTT has been carried out objectively. Where is the party, the validity of the antecedents input the achievement coaching program which includes, selection of athletes, selection of trainers, availability of facilities and infrastructure and funding/financing of the implementation of achievement training programs in Taekwondo sports in PPLP NTT. Recruitment of athletes in the taekwondo branch at PPLP NTT has been going well because the recruitment is based on predetermined requirements and involves many parties in terms of cooperation to get athletes to be fostered and will be able to perform well at the national and international levels. Recruitment and recruitment of the taekwondo branch of the PPLP NTT has been carried out objectively. Where is the party Dispora, in this case PPLP NTT, in recruiting trainers by considering the following: Meme it has a coach license, has experience as an athlete and coach, is able to design training programs, is able to work hard in training without personal distractions (tied to work/difficult to get permission from the agency where it works), the facilities and infrastructure in the taekwondo branch of PPLP NTT are inadequate so that it affects the training and achievement process, the funds obtained come from the government in this case the Kemenpora and the NTT Provincial APBD then the funds to NTT Diaspora in this case PPLP NTT.

Evaluation of the transaction itself includes controlling the learning exercise process, calmness, training planning program, consumption, promotion and degradation, transportation and coordination in developing coaching achievements of the taekwondo sports

PPLP NTT. carrying out the learning training process, it is necessary to have a control program that includes: guidance and counseling to trainers of the PPLP NTT sports branch is a control effort on the trainer in preparing, compiling, implementing, and evaluating training programs, guidance and counseling to athletes is an effort to overcome all health problems, nutrition, psychology that emerges in the athlete, exercise control process, is aimed at directing the condition of the athletes in PPLP NTT to be controlled and controlled in the training process which is the basis of the coaching program, the process of controlling learning activities for athletes and is aimed at directing academic training carried out in school, calmness is the core staff consisting of boarders, namely the dormitory father and the dormitory mother come from Dispora and trainers of taekwondo sports PPLP NTT while supporting staff consists of cooks, janitors, security officers, medical and medical, psychological and nutrition experts prepared by NTT Dispora, training planning programs carried out by PPLP NTT taekwondo sports it has been going well, the implementation of the training program at the PPLP NTT taekwondo sports branch has run well and there are no obstacles experienced by each exercise program.

Food/consumption given to athletes on time both morning, afternoon and evening, food given according to nutritional intake needed by athletes, because there are nutritionists who measure the number of nutrition coverage in food taekwondo athletes PPLP NTT, promotion and degradation carried out promotion system and regular and continuous degradation, including during the coaching process at PPLP NTT, the sport of taekwondo, the management always evaluates the athlete's achievements and the coach's performance and is carried out every year and without closing the possibility if promotion and degradation is done at any time because of the development of the training process, conditions physical, disciplined, achievements in events and achievements in the academic field of athletes while for trainers seen from discipline in the process of training, attitudes, achievements of

the trainer in this case the achievement seen from the athlete's own achievements.

While the daily training process for athletes in the sport of taekwondo does not use transportation, the distance between the athlete's dormitory and the training ground is not far away so that the athlete just walks to the training ground, while the transportation trainer is his own but there is transportation money fo Trainer. Transportation is prepared by the management when the training process is far from the dormitory or the training program try in and try out. PPLP NTT officials in coordination with related parties such as coaches, athletes, government, parents and the community have gone well so that there are no difficulties with coordination, but there are few obstacles related to coordination with parents because NTT province is an archipelago and there are parents of athletes who live outside the island or far from PPLP NTT sentry so that the management and parties while not coordinating directly but from the management themselves strive to often pass through telecommunications. The response from the community itself was very enthusiastic about the existence of PPLP NTT, especially in the sport of taekwondo.

Evaluation of the otcomes evaluation of success (achievements) in the field of sports and academics, for achievements in the field of sports, especially the last 5 years from 2013-2017 is unstable and even experienced achievement while for academic achievements is good because PPLP athletes themselves have never been degraded by academic factors.

CONCLUSION

Based on the results of the research and the discussion above, it can be concluded that: Antecedents of achievement training athletes in the taekwondo branch of PPLP NTT have athletes and coaches that are feasible because they are selected through a selection process in accordance with the proper provisions, for facilities and infrastructure themselves, they are not fully fulfilled and related to funding. Has gone well, the funds are from Kemenpora and are

supported by NTT provincial budget funds. Transaction coaching achievement athletes taekwondo sports branch PPLP NTT, controlling the process of training and learning has run well because of the trainers are always required by the board to take part in training both at the regional, national and international level to increase the knowledge of trainers and administrators always provide counseling related to nutrition and psychology to athletes, for peace itself has been going well because in the dorm athletes there are those who work both dormitory and mother dormitory, supporting staff such as cooks in terms of catering, janitors, security officers, drivers, medical and medical, psychological and nutritionists, the implementation of the training program that has been carried out is in accordance with the program that has been established and scheduled by the trainer and the elitists have no difficulty in following the existing training program, the consumption of athletes in good enough condition because the provision is right the time for nutritional needs is appropriate because there are nutritionists who measure the number of nutritional coverage in the food consumed by athletes, related to promotion and degradation has been going well the process of promotion and degradation itself is carried out every year but does not rule out the possibility of being carried out every time because of the promotion process and degradation is in accordance with the development of coaches and athletes both achievements in sports and academics and the development of physical conditions and training, for transportation is good because of the relevant parties provide dormitories that are close to the training site, for trainers are given transportation money every time training, for Training in a place that is far from the dormitory and try out and try in. The management prepares transportation, while the coordination of the PPLP NTT board with related parties such as trainers, athletes, community, parents and related agencies has gone well so there are no related difficulties with coordination. Outcomes achievement of athletes in the Taekwondo sports arena PPLP NTT, both achievements in the field of sports are currently

experiencing a decline in achievement, this can be seen from the achievement of the targets expected by Diaspora, while the achievements in the academic field of athletes are quite good because no athletes have been degraded through the academic process own.

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