

Evaluation of the Implementation of Guidance at Sports Public Senior High School Lampung

Hani Puji Astuti^{1✉}, Harry Pramono² & Tri Rustiadi²

¹ STKIP Dharma Wacana, Metro Lampung, Indonesia

² Universitas Negeri Semarang, Indonesia

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Abstract

This study aims to evaluate antecedents which covering background, and planning coaching programs at Sports Public Senior High School Lampung, evaluating the transactions that include recruitment of trainers, athletes, training programs, supporting facilities and infrastructure, funding, consumption, coordination, and welfare coaching athlete, and evaluates outcomes which include the successful implementation of coaching in the achievements of athletes at Sports Public Senior High School, Lampung. This study used a descriptive qualitative approach with a Countenance evaluation model from Robert E. Stake. The subjects in this study were administrators, trainers, and athletes at Sports Public Senior High School Lampung. The results of this study are antecedent evaluation consisting of background and planning of the coaching program at Sports Public Senior High School Lampung is clear and structured well, evaluation of transactions consisting of recruitment coaches and athletes has gone well, the implementation of the coaching program is quite reasonable according to scheduled training programs, inadequate facilities and some infrastructure have not been of national standard, funding is running poorly not enough to meet the needs of coaching, consumption is still not good enough to meet the needs of athletes, coordination has gone well, welfare given to coaches and athletes is still lacking and not yet maximal, and outcomes evaluation in the form of athletes' achievements in several sports has been quite good but not yet stable and there are still sports that have not however achieved.

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✉ Correspondence address:

Soekarno Hatta, Mulyojati, Metro Barat, Kota Metro,
Lampung, 34121
E-mail: hanipuji360@gmail.com

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INTRODUCTION

Every individual must have the opportunity to achieve a level of success through physical education, physical activity, and sports that are following their abilities and interests. (Tesyfaye, and Deol, 2016).

One of the government's efforts to advance achievements in the field of sports is by opening a fostering institution based on age groups in each sport. Development of athletes based on age groups is expected, can be a gathering place for athletes according to their talents. (Assalam, Sulaiman, and Hidayah, 2015).

Coaching is a complex task and requires the use of various strategies and behaviors to meet expectations. (Lim, Mahat, Marzuki, and Khor, 2014). Therefore, coaching in sports is very important to improve the quality of an athlete to reach the peak of his achievements.

Achievement is a level of success in achieving one's goals set in a program (Nurcahyo, Soegiyanto, and Rahayu, 2014). Sports achievements cannot be achieved in a short time. Sports achievements are generated through proper coaching management and gradual and continuous training.

Schools are the basis of coaching and development in the field of sports; both students and society are essentially inseparable from coaching and development of national sports. One of the government's efforts to provide special services for students who choose the potential of special talents in the field of sports is the establishment of a sports school which is a school where students are specially gifted in the field of sports. (Wijaya, Rahayu, and Sugiharto, 2018).

Sports Public Senior High School Lampung was established on July 5, 2013, is one of the gifted schools in Lampung province. Sports Public Senior High School Lampung aims to create athletes who have talent in the field of sports to achieve national and international achievements. It has 11 trainers and has 11 games, namely volleyball, soccer, swimming, athletics, table tennis, martial arts, judo, taekwondo, badminton, weightlifting, and karate.

Guidance conducted at Sports Public Senior High School Lampung has won many medals from achievements achieved by athletes. However, from 11 sports there are still sports that have not yet achieved both national and international levels. In the process of fostering the facilities and infrastructure owned, there are still many who are not national standard yet, and there are still trainers who do not have a training certificate.

Based on the background above it is necessary to research evaluating the implementation of athletes coaching at Sports Public Senior High School Lampung. Because, the evaluation program is a series of activities that have been planned and carried out to assess the extent of the implementation and achievement of the program by finding out the effectiveness of each component, both for the program being carried out or previously. Then a good coaching plan is needed to get maximum results both internal and external factors. (Meiyanto, Nasuka, and Pramono, 2018).

METHODS

The approach used in this study is a descriptive qualitative approach with a countenance evaluation model from Robert E. Stake that is reviewed from the stages of antecedents, transactions, and outcomes (Arikunto, 2010). The antecedent stage is part of the context that includes the background and planning of the coaching program. Next, the transaction stage is part of the context which includes the recruitment of trainers, recruitment of athletes, training programs, supporting facilities and infrastructure, funding, consumption, coordination, and welfare in the training of athletes. Finally, outcomes stages are part of the context that includes the successful implementation of coaching in an athlete's achievements. This is related to the implementation of coaching athletes at Sports Public Senior High School Lampung.

In evaluating research, the researchers observe the condition of objects naturally so that the data analysis used is a qualitative research

method. Qualitative research is a naturalistic flow that is different from the flow of quantitative analysis that gives treatment to the object to be studied. (Fernando, Soegiyanto, and Kusuma, 2018).

The informants of this study were administrators, trainers, and athletes of Sports Public Senior High School Lampung. Instruments used in research data collection techniques are interviews, observation, and documentation. In the data validity test technique, this study uses two ways, namely: triangulation and perseverance observation techniques. While for data analysis techniques

through four stages, namely: data collection, data reduction, data presentation, and concluding. (Sugiyono, 2009).

RESULTS AND DISCUSSION

Based on the results of the study with observations, interviews, and documentation of data that has been collected and carried out in this study explained through the aspects that are in the evaluation phase of the implementation of training athletes at Sports Public Senior High School Lampung can be seen in table 1.

Table 1. Results of the Research on Aspects in The Stage of Antecedent Evaluation (Input), Transactions (Processes), Outcomes (Results) of The Implementation of Coaching Athletes at Sports Public Senior High School Lampung

Evaluation stage	Aspects disclosed	Information
Antecedent (Input)	Background	Sports Public Senior High School Lampung has a background (vision and mission) in implementing athlete coaching, which is clear and good.
	The purpose of coaching	The aim of coaching athletes at Sports Public Senior High School Lampung is precise, that is fostering athletes among students, to be able to achieve maximum achievements both nationally and internationally.
	Coaching program	The coaching program at Sports Public Senior High School Lampung has been well structured according to what the coaches arranged and agreed upon by the school management and Department of Sports Education, Lampung Province.
	Complete device	Completeness of equipment at Sports Public Senior High School Lampung such as decree, organizational structure, work program, and financial administration has been owned, directed, and well implemented.
Transaction (Process)	Recruitment of trainers	The recruitment of trainers at Sports Public Senior High School Lampung was directly selected by the Department of Sports Education, Lampung Province, but there are still trainers who have not met the requirements of the provisions such as certificates following the sports branch which are trained.
	Recruitment of athletes	The Department of Sports Education directly selected the recruitment of athletes at Sports Public Senior High School Lampung, Lampung Province with conditions such as healthy in physical conditions and by the provisions, talents (skills), and achievements as evidenced by a minimum certificate at the provincial level.
	Implementation of the training program	The implementation of the training program in fostering athletes at Sports Public Senior High School Lampung has been running according to a scheduled training program but has not been maximal or is still not good.
	Facilities and infrastructure	Facilities and infrastructure for supporting athlete development at Sports Public Senior High School Lampung are obtained from the government, but there are still many that are not a national standard, and there is still infrastructure that is not yet owned by schools such as fields and swimming pools.
	Funding	The funding provided by the government through the Regional Budget of Revenue and Expenditure (APBD) at Sports Public Senior High School Lampung is not sufficient for the implementation of athlete training programs so that it can be concluded that the funding is still not proper.
	Consumption	The consumption is given to athletes at Sports Public Senior High School Lampung is not sufficient for the nutrition needed by athletes, and there is no provision of vitamins or supplements to support the athlete's appearance.
	Coordination	Coordination at Sports Public Senior High School Lampung between the government and the administrators is quite useful because it has not been maximal in carrying out a joint commitment, while the relationship between administrators, coaches, and athletes is right in carrying out the coaching program.
Welfare	Welfare at Sports Public Senior High School Lampung for athletes and trainers is still very lacking because they cannot fulfill their daily needs and there is no money for athletes.	
Outcomes (Results)	Athlete's ability (Achievement)	The achievements of the athletes at Sports Public Senior High School Lampung have been quite good but have not been stable every year, and there are still sports that have not yet achieved their achievements.

Source: Results of observations, interviews, and documentation

Based on the results of observations, interviews, and documentation, it can be seen that the causes of athletes at Sports Public Senior High School Lampung have not been able to achieve maximum achievements as follows: factor in lack of funding, factors of supporting facilities and infrastructure that are not yet national standard, bad training program factor, because there is no try out, consumption factors that do not meet nutritional standards in meeting athletes' needs, and there is no supplement/vitamin supplement for athletes, poor welfare factors, and achievements of athletes who are less stable every year, due to lack of flying hours in participating in regional, national championships even more international tournaments. So, it can be stated that the implementation program for training athletes at Sports Public Senior High School Lampung needs to be revised.

CONCLUSION

An antecedent evaluation consisting of a coaching background in Sport Senior High School Lampung such as vision, mission, and guidance goals is clear, and for the complete set of equipment it has been well structured and there is a coaching program that has been prepared by the management in carrying out the training of athletes in accordance with the direction given by Department of Sports Education, Lampung Province to prepare athletes who are able to participate in championship events in accordance with each sport both nationally and internationally.

Evaluation of transactions in the training of athletes at Sports Public Senior High School Lampung which consists of trainers is still not proper, because the training programs that trainers make have not run following the plans that trainers make and there are still trainers who do not have training certificates. Athletes who have been recruited at coaching at the Lampung Sports Public Senior High School are said to be quite decent because the athletes are competent in each of the sports they are involved in and are considered capable of representing Lampung

Province in the championship in the field of sports. The facilities and infrastructure owned by Sports Public Senior High School Lampung are still said to be reduced because there are still many that are not yet national and even international standards and have not been well maintained.

The implementation of the training program and work program went poorly. The implementation of the training program is following what has been programmed and scheduled by the trainers and administrators. Athletes also had no difficulty in following the training program that had been made by the trainer but, the intensity of the training in the implementation of the training program was still lacking. Evaluation of program implementation is always conducted but, constrained by funding to do a try out so that assessment cannot be carried out maximally. Funding provided by Department of Sports Education to Sports Public Senior High School Lampung has not met the needs of athletes and coaches according to obscenity and includes the departure funds of athletes who will take part in the championship while still using a lot of personal funds. In meeting the consular and nutritional needs of athletes, it is not following the needs of athletes.

Coordination between the government, administrators, coaches, and athletes at Sports Public Senior High School Lampung has gone quite well but, there are few difficulties related to the coordination of the management with the government because it is not optimal in carrying out joint commitments. For the welfare of the current managers, coaches, and athletes, they are still not good because what they cannot yet be able to meet their daily needs and for the athletes themselves do not get coaching and bonuses if they win or get medals from a championship.

Outcomes evaluation results from coaching athletes at Sports Public Senior High School Lampung in the form of athlete's achievements from 2013 to 2019 are still less stable in obtaining medals in each competition in each sporting championship because not all existing sports receive medals annually and in attending non-routine tournaments every year. In

achieving achievements in every game, there are still sports that have not been able to make.

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