

## The Impact of Climbing Sports toward Socio-Cultural Change in Promasan Hamlet, Limbangan District, Kendal Regency, Central Java

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### Abstract

As one of the hamlets under the foot of Mount Ungaran, the Promasan Hamlet community must be able to accept social and cultural changes that occur due to the arrival of climbers, the purpose of this study is to review and analyze sports values that occur in the Promasan Hamlet community, to review and analyze the impact of climbing sports on the Promasan Hamlet social community, to review and analyze the impact of climbing sports on the culture of the Promasan Hamlet community. This study used qualitative research methods. The research approach used ethnography. Data collection techniques used observation, interviews, and documentation. The data validity technique used data triangulation. Data analysis techniques used interactive analysis. The findings of this study are the existent of sports values include: leadership, self-confidence, discipline, cooperation, honesty, sportsmanship, responsible for the activities and activities of the community and climbers, social changes occur include: social structure and social interaction in Promasan Hamlet, Cultural changes include: lifestyle in Promasan Hamlet. This study concluded that the presence of climbers or migrants in Promasan Hamlet causes social and cultural changes and the existence of sports values in every event and activity of the community and climbers. Suggestions to the local government should pay more attention to the hamlet community.

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## INTRODUCTION

Sports is the only activity that could express all components of the nation regardless of ethnicity, race or religion. Sport is also the most effective diplomacy tool in the relations of nations in the world. There isn't a single person in the world who doesn't like sports. Ranging from commoners to state officials and leaders. In the world of sports, there are countless types, but all one goal is to create a strong body and a healthy soul.

Sport is a specific form of human movement behavior. The direction of the goals of people exercising including the time and allocation of activities carried out in such a way that as evidence that the sport is a phenomenon that is relevant to social life. Sport is a socio-cultural phenomenon that needs to be understood and studied. This is because the sport is culturally embedded in the individual community.

According to RI Law, number 3 of 2005 concerning the National Sports System requires that Sports is a systematic activity to encourage, foster, and develop physical, spiritual, and social potential.

Sports can be done by anyone, anytime, anywhere regardless of gender, ethnicity, religion, race and so on. Sports have an important and strategic role in nation-building. This is in line with the opinion of Toho Cholik Mutohir (2007). The essence of sport is as a reflection of the life of the people of a nation. In sports, the aspirations of noble values are reflected in a society reflected through the desire to manifest themselves through sports achievements.

Mountain climbing is a sports activity through climbing activities to a higher place to climb requires strong physical and mental and careful preparation. And according to (Ryan Abu Bakar, 2017) that climbing a mountain is a hard sport full of adventure and this activity requires skill, intelligence, strength, and high fighting spirit. That sports activities require intelligence in sports psychology, results quoted from the opinion of Eunike R. Rustiana (2011) that sports activities and games have a psychological effect on physical education from the effects of social

interaction and emphasize cognitive theory and neuroscience approaches emphasize the psychological effects of physical education on motion or other physical activity that causes synaptic relationships between nerve cells.

Climbing is a challenging sport, being a mountain climber is not easy. Often accidents are caused by certain factors. Sulaiman, et al., (2012) regular and continuous physical exercise will be able to increase the workability of organs and athletes' skills, thus training aims to improve physical appearance. In general, physical activity activities affect the condition of physical ability or endurance and movement skills of the culprit, this applies due to the physical activity undertaken. Setya Rahayu, et al. (2012) An important component in the process of rapid movement to generate its controlling power is known as proprioceptor. Between humans and physical activity are two things that are difficult or inseparable. This can be seen that since humans in the primitive era to modern times, physical activity or motion is always inherent in everyday life. In line with the above opinion according to Cerika Rismayanthi (2013) locomotor skills include body movements namely: walking, running, jumping, gliding, rolling, absorbing and falling.

Mountain climbing has qualifications as is often known by the term *mountaineering* or other similar terms. Mountain climbing activities are outdoor activities that are full of risks. His activist knowledge of the rules and steps in climbing a mountain is necessary, both during preparation before climbing and when climbing.

Climbing sports indirectly make changes to a village. Socio-cultural changes in a village can be characterized by social interaction, lifestyle, and environment in the community, the presence of migrants in the middle of the countryside is something that will affect the community, especially in environmental, economic and interaction changes, initially interactions only occur between communities However, after the arrival of newcomers to climb interaction turns into community interaction with newcomers, this change in community interaction will change the mindset of the community. To realize all that, it

is needed individuals who have character and uphold national values. In this context, sport becomes an important part of an instrument for the formation of national values and character (Mutohir, 2004). Sport teaches discipline, sportsmanship, not giving up easily, high competitive spirit, the spirit of working together, understanding the rules, daring to make decisions for someone. This is relevant to the thought of Baron Pierre de Coubertin, the father of the Modern Olympics that the purpose of sport lies in its function. (Mutohir, 2004).

This program aims to encourage the realization of a condition in which sports activities can be carried out by all levels of society, without recognizing age limits, gender differences, or differences in socioeconomic conditions (Soegiyanto, 2013).

According to Soekanto, Soerjono (2009) Social changes are changes that occur in people's lives, including cultural changes in which there are changes in values and ways of life from traditional to modern, changes occur because there are certain objectives, knowledge can only makes the community indirectly thought patterns and behavior become knowledgeable, changes occur in social institutions in a society, where changes affect the social system, social change in question includes values and patterns of behavior among groups in society, Every society in its life must experience changes, changes that occur not only towards the direction of progress but can also lead to setbacks. Wall, Geoffrey & Mathieson, Alister (2006) say that the impact of tourism is very clear in tourist destinations, where tourists interact with the local environment, economy, and culture of the community.

Promasan Hamlet, Ngesrepbalong Village, Limbangan District, Kendal Regency, Central Java, is the last village under the foot of Mount Ungaran. Mount Ungaran has an altitude of 2050 meters above sea level, Mount Ungaran, is a volcano on the Indonesian island of Java. Located in the south-southwest of Semarang City with a distance of about 40 km, Promasan Hamlet is located in Limbangan Subdistrict, Kendal Regency, Central Java, there are two ways to get there first by trekking for two hours

from the rose basecamp, the second through using a mop. transitional vehicles about 1 hour, a village with a simple life far from urban areas, where the climbers usually stop by to rest in the village and to continue the journey to the summit of Mount Ungaran, in this village all interact with each other both the local community with migrants and vice versa, interaction social is the key to all social life because without social interaction there will be no shared life, mere meeting of individuals physically will not result in social interaction in a group, and cultural exchanges will occur here, especially customs between indigenous peoples of Promasan sub-village with migrants, which has an impact on social change in terms of social interaction in the area of Promasan hamlet.

The enthusiasm of the community is so great for the sport of climbing seen from the annual data of each visitor and climber is always increasing, in 2018 there are about 4000 migrants recorded in the Promasan hamlet both climbers and those who just want to walk around. Forms of community participation in climbing sports, both as community sports and recreational sports explicitly involve individuals and the community. This increase is extraordinary for the Promasan sub-village community, the people there are very happy and helped in terms of the economy and knowledge, therefore each individual will have a different perception, the emergence of pros and contracts, towards the arrival of climbers, this condition which makes the Promasan hamlet community worried and afraid of the arrival of outsiders as said in the book Soekanto (2018). This is because these elements are able to shake integrity and cause changes in certain aspects.

From the results of preliminary observations the existence of climbers and migrants in the midst of Promasan Hamlet, Ngesrepbalong Village, Limbangan District, Kendal Regency, and Central Java are things that will affect social and cultural changes to the surrounding community. Especially in terms of changes in social interaction, mindset and lifestyle, which initially only took place between the surrounding communities but now all

communities interact with immigrant communities and outside cultures.

The situation also raises community activities and activities with climbers and migrants so that the activities and activities give rise to sports values.

Sport is essentially a miniature of life, according to Yustinus Sukarmin (2011). This statement implies that the basic values of human life in daily life can also be found in sports. Agung Hartoyo (2012) explained that in the daily life of the community, many activities were found to depend on their surroundings.

Sport teaches discipline, sportsmanship, not giving up easily, the spirit of working together, understanding the rules and daring to make decisions for someone; this is relevant to the thought of Baron Pierre de Coubertin, as the father of the modern Olympics that sport lies in its function.

Based on this background, researchers are interested in conducting research on "The Impact of Climbing Sports toward Socio-Cultural Change in Promasan Hamlet, Limbangan District, Kendal Regency, Central Java". This research problem formulation is: (1) What are the values of the sport that occur in Promasan Hamlet? (2) What is the impact of climbing sports on the social changes of the community in Promasa Hamlet? (3) What is the impact of climbing sports on changes in community culture in Promasan Hamlet? This study aims to find a comprehensive picture of sports values in Promasan Hamlet and the impact of social and cultural changes in Promasan Hamlet; (1). to review and analyze sporting values in Promasan Hamlet, (2) to assess and analyze the impact of climbing sports on social changes in society, (3) to assess and analyze the impact of climbing sports on cultural change in the community.

## METHODS

This research is a qualitative study with research procedures that produce descriptive data. The research design is a plan and structure is descriptive qualitative research. Data collection techniques using triangulation and with (1) data

reduction, (2) presentation of data, (3) drawing conclusions.

This type of research is research using a qualitative approach that is to explore and understand the meaning of sports values by several individuals or other groups that can cause the impact of changes in a village. The research process was carried out using qualitative methods, in the form of research questions, collecting specific data from the Promasan Hamlet community.

The approach used in research refers to the research objectives to be achieved, the research used is a descriptive qualitative approach meaning that the data obtained in the form of words, images, and behavior, and not poured into the form of numbers or statistical numbers. Because this research approach focuses on natural conditions and natural data sources in a natural context, the problems discussed aim to find out problems or events that occur in humans or socially.

## RESULTS AND DISCUSSION

The results and discussion in this study refer to the research objectives, that: Sports values in the community life in Promasan Hamlet are inseparable from sports values, where each community's activities are in line with the results of Deddy Rahmat Saputra's research, (2018) that every community activity contains Sports Values, these values are used in daily life and the activities of the tribal community of children inevitably contain sports values. Based on the discussion of research results as sports values are obtained because of the activities of the community which includes community and daily activities of the community.

Based on research findings as in the community activities of Promasan Hamlet that community activities and climbers have sports values including leadership, cooperation, friendship, responsibility, and discipline. Life is needed a balance of harmony between aspects of personality, intellectual and physical. Therefore, exercise should not be interpreted as merely physical exercise but also needs to be

accompanied by mental and spiritual knowledge and also an insight into sports.

Sports values such as leadership, self-confidence, the discipline of cooperation, honesty, sportsmanship, and responsibility in the Promasan Hamlet with these values Promasan Hamlet community becomes prosperous and safe, both climbers must also have sports values where these values can bring climbers into the realm of society wherever climbers are located.

The social change includes the social structure of the community is the main group in the organization, social structures such as the government structure of Promasan Hamlet, organizations with a complete picture of the hamlet including arrangement and grouping. Group organizations are usually large and small in scale with a planned focus and a clear structure. This organization is called bureaucracy. Bureaucracy has characteristics such as complex division of labor, hierarchical authority structure and complex system of clear and predictable rules (Jacky, 2015).

Based on the results of research that the Promasan Hamlet organizational structure has its own rules, these rules to make climbers comfortable when coming to the Hamlet as said Koentjaraningrat (2009) each group of people lives governed by customs and rules regarding various kinds of unity in the environment where he lives and mingles day after day. The making of these rules involves some climbers, it is seen here that the role of climbers is considered important to be included in the organization in Promasan Hamlet, the presence of climbers also makes rules such as decision making and regulations here chairman of RT 07 Promasan Hamlet chairman Rahmad said that he often involved some climbers intake decisions and make regulations in Promasan Hamlet like the rules I made with climbers are prohibited from setting up tents in places that should not be established because of the convenience of climbers, may not bring vehicles to spring springs and regional settlements on the grounds of guarding the cleanliness of the springs, and maintaining the comfort of the climber, such rules are made to make climbers

and migrants feel comfortable coming to the Promasan Hamlet.

Based on the impact of climbing sports on cultural changes in the Promasan Hamlet, there has been a slight change in terms of people's lifestyle and spiritual activities. Koentjaraningrat (2009) study of anthropology in understanding religious elements as the human culture can not be separated from religious emotion or religious emotions. from the results of research that changes in lifestyle in the Promasan hamlet in terms of clothing, vehicles used and also the Promasan Hamlet meal menu, these changes also occur in the spiritual activities of the Promasan Hamlet community where climbers are also included in traditional activities in the Promasan Hamlet community.

## CONCLUSION

Based on the discussion of sports values in the Promasan Hamlet and social and cultural changes it can be concluded that: from the community activities in the Promasan Hamlet there are sports-related values such as Leadership, Self Confidence, Discipline, Cooperation, Honesty, Sportive, and responsible, there are social changes in Promasan Hamlet in terms of social structure and social interaction, these changes occur due to the presence of climbers, there is a cultural change in the Promasan Hamlet in terms of lifestyle and traditional activities in the Promasan Hamlet, that the changes occur due to climbers who often come to the Promasan Hamlet.

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