

Evaluation of Sports Class Program Management SMP Negeri 1 Sumber Kabupaten Cirebon

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Abstract

The research is aimed to analyze and evaluate the system planning , system organization , system implementation , and system monitoring . This research uses a qualitative approach . Data collection techniques using observation , interviews , and documentation . The source of the data is taken from the head of the school , the coordinator class sports , coaches , athletes , and the elderly . Mechanical analysis of data meng use triangulation of data with reduction of data, presentation of data, withdrawal conclusions .

Results of the study is : System Planning (Planning) management program class sport already meet the criteria for categorization that is clear who , what , when , where , and how the dike rjakan ; Systems organization (Organizing) management program class sport meets the criteria for categorization of that stewardship complete , there is a mechanism of work , yet their job description that clearly are written , there is activity routine that is done , there was talk at the beginning of the year ; System implementation (Actuating) management program class sport already meet the criteria for categorization , namely the implementation of the program, the achievements were achieved , carry out the activities that are planned , and complements 5M (man, money, method , material, mechine); System monitoring (Controlling) management program class sport meets the criteria for categorization that their supervision , reporting , evaluation , and monitoring.

Conclusion : System Planning (Planning) management program class o lahraga has been very good ; Systems organization (Organizing) management progra m class sport has been good ; The implementation system (Actuating) of sports class program management is very good ; System monitoring (Controlling) management program class sport is already very good .

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INTRODUCTION

Sport is a physical activity that is carried out to encourage, foster, and develop physical, spiritual and social potency (Moch Fahmi Abdulaziz, Dhimas Bagus Dharmawan, 2016). The growth and development of sports currently shows many dimensions and plays an important role in the intellectualization of the nation, character building, moral education, and balancing between physical, spiritual and social needs (Hanani, 2017).

In accordance with the definition of sports, it can be concluded that sports are very important physical activities, because it is physically and mentally healthy, In addition they can also encourage, nurture and develop physical, spiritual, and social potency. The government and society are obliged to take an active role in advancing sports and making sports a competition and achievement both at national and international levels.

The government has an important role and responsibility to advance national sports achievements in accordance with Law No. 3 of 2005 Article 21 Paragraph I concerning the National Sports System. Through the stages of sports introduction, monitoring, scouting, talent development, and increasing achievement, the government can produce athletes who are able to make the nation proud. Therefore, it is necessary to develop sports achievements starting from a young age, one of which is sports coaching at the age of students. The government must focus on improving sports performance by establishing a sports program through education. In order to improve the quality of education through student coaching activities, the Directorate of Junior Secondary Guidance continuously develops various student activities. One of the activities developed by students is a sports class program as an activity in schools

that can be used as a tool for coaching student activities in the field of sports. This program is also an effort to improve the quality of education in junior high schools in the field of sports. This special sports class program will later make students who are able to have the potential to become superior and outstanding athletes to support future guarantees, supported by regular coaching and training programs. Sports achievement in Indonesia is a sport that fosters and develops athletes in a planned, tiered and sustainable manner through competitions for achievement with the support of sports knowledge and technology (Ramadaniawan, Sugiyanto, & Siswandari, 2018).

The Ministry of Education and Culture, through the Decree of the Director of Junior Secondary School Development, Directorate General of Primary and Secondary Education, Ministry of Education and Culture, 2016 Number: 574 / D3 / KP / 2016 concerning Determination of Government Assistance Schools for Management of Junior High School Sports Class Programs, determine which schools will receive assistance for the implementation sports class program with a total 100 schools throughout Indonesia, including SMP Negeri I Sumber, Cirebon Regency, West Java Province.

The school, which is located in the center of Cirebon Regency Government offices, has access to the use of sports facilities for the Cirebon Regency Government, such as: Ranggajati Stadium, Gor Ranggajati Stadium, parks and Sumber city forests. These infrastructure facilities can be used for learning activities or training to improve sports achievement, by fostering selected sports according to the characteristics of students and superior sports in Cirebon Regency such as: athletics, football, swimming, karate and badminton. So that sports achievements can start to compete with other fields.

Table. 1 Recapitulation of Data Achievements of Sports supported by Sports Class Program at SMP Negeri 1 Sumber during the last 3 years

Year	No.	Sports	Achievements									Total	Note for the best Achieements Pelajar Event
			Regency			Province			National				
			1	2	3	1	2	3	1	2	3		
2017	1	Athletic	6	7	8	17	6	6	-	-	-	50	Qitarah Nauroh Juara 1 Lari 60 M dan Lompat Jauh Putri O2SN Jabar
	2	Swimming	9	3	-	13	7	6	-	-	-	38	Fahzri Surachman Juara 2 O2SN Jabar
	3	Karate	1	-	-	-	-	-	-	-	-	1	Lusy Loriah S.S. Juara 1 O2SN Kab. Cirebon
	4	Badminton	3	-	2	-	1	-	-	-	-	6	M. Ferrdy Zaenoer A. Juara 1 O2SN Kab. Cirebon
	5	Football Futsal	/	-	-	-	1	1	-	-	-	2	Juara 2 Futsal Putri Evaluasi KOR Jabar
Total			19	10	10	30	15	13	-	-	-	97	
2018	1	Athletic	22	11	4	13	9	7	1	-	-	67	Cindy Putri N.C Juara 1 Lompat Jauh Putri O2SN Nasional
	2	Swimming	11	-	-	4	4	2	-	-	-	21	Rico Adi S. Juara 1 Gaya Punggung O2SN Jabar
	3	Karate	2	1	-	-	-	-	-	-	-	3	Paulina Simatupang Juara 1 Kata Putri O2SN Kab. Cirebon
	4	Badminton	-	1	3	-	-	-	-	-	-	4	Della Fasiska Juara 3 O2SN Kab. Cirebon
	5	Football Futsal	/	1	1	1	-	-	-	-	-	3	Juara 1 Futsal Putra Evaluasi KOR Jabar
Total			36	14	8	17	13	9	1	-	-	98	
2019	1	Athletic	11	12	2	3	1	1	-	-	-	30	Irma Oktofiana Juara 1 Lari 100M Centra

Year	No.	Sports	Achievements									Total	Note for the best Achievements Pelajar Event
			Regency			Province			National				
			1	2	3	1	2	3	1	2	3		
	2	Swimming	29	18	4	3	2	1	1	1	1	59	Olahraga Jabar Rico Adi Saputra Juara 1 Gaya Pungung O2SN Nasional Zahara Ramadhani
	3	Karate	7	2	-	-	-	-	-	-	-	9	Juara 1 Kata Putri O2SN Kab. Cirebon
	4	Badminton	-	-	-	-	-	-	-	-	-	-	
	5	Football / Futsal	1	4	2	-	-	-	-	-	-	7	Juara 2 Sepak Bola POPKAB
	Total		48	36	8	6	3	2	1	1	1	105	
Total			103	60	26	53	31	24	2	1	1	300	

Based on the existing phenomenon, the achievements of the sports class program have increased the number of medals won from year to year. However, the increase in medals was not evenly distributed in all sports supported by the sports class program, and there were even sports that experienced a decline in achievement. This condition indicates that there are problems that must be fixed in the sports class program of SMP Negeri 1 Sumber, the problem seen here is the management of the sports class program manager. To carry out all of its duties, cooperation and coordination of stakeholders in the management of a sports class program are needed in order to achieve a goal. This shows the need for good and serious management, so that everything targeted and planned can be achieved. Good management is a reflection of a healthy organization.

According to (Hasibuan, 2011), "Management is a process which consists of actions which include planning, organizing, mobilizing and controlling which are carried out to determine and achieve predetermined goals through the use of human resources and other resources."

According to (Sukarna, 2011) divides the four basic functions of management, namely Planning (planning), Organizing (organizing), Actuating (Implementation), Controlling

(supervision). These four functions are abbreviated as POAC.

Because of the circumstances and problems above, the researcher wants to know how the management system is carried out by the manager of the sports class program at SMP Negeri 1 Sumber. In addition, researchers also need to evaluate sports class program management, so the approach used in this research is program evaluation using POAC (Planning, Organizing, Actuating, Controlling) (Gema & Soenyoto, 2016)

METHOD

The approach used in this research is program evaluation using POAC (Planning, Organizing, Actuating, Controlling), which is about "Evaluating the management of the Sports Class Program at SMP Negeri 1 Sumber Kabupaten Cirebon", which means to obtain accurate and objective information and compare what have been achieved. from the Sports Class program at SMP Negeri 1 Sumber Kabupaten Cirebon with what should be achieved based on the established standards. Evaluation research tries to find answers, to what extent the goals outlined at the beginning of the program are achieved or have signs that will be achieved (Firdaus, 2011). In the process of this research

the researcher tries to actively interact or relate to the subjects or respondents in real condition. and not being manipulated so that the data obtained later is a condition or phenomenon that is truly genuine and natural. In qualitative methods, the researcher as the main instrument and in his research prioritizes the process of finding the meaning behind the observed behavior. prioritizing direct results whose results are mutually agreed between researchers and respondents.

This research design uses a qualitative approach which is descriptive-analysis in nature, meaning that the data obtained (in the form of words, pictures, behavior) is not written in the form of numbers or statistical figures, but in a qualitative form which has a meaning that is richer than just numbers or frequencies (Gani & Ks, 2012). The use of this design is used because the data collected is in the form of words, pictures, not numbers, which is also called this research in natural conditions (Sugiyono, 2015). While the focus of this research is focused on examining the problem of management of the Sports Class program at SMP Negeri 1 Sumber, Cirebon Regency.

Research data in the form of written or spoken words, pictures, photos, or actions obtained from data sources, namely people, writings and places. This study uses primary data sources: data obtained from sources of people involved or research objects, and secondary data: data obtained from pre-existing data (documents and archives). According to the opinion (Sugiyono, 2015) that data sources were obtained from three research objects; places or places where interactions in social situations are taking place, actors or actors and people who are playing certain roles and papers or documents. The data source was obtained from the manager of the sports class at SMP Negeri 1 Sumber Cirebon Regency which includes:

Actor : Principal, manager, coach, athlete and parents of students.

Place : Place for training, facilities and infrastructure, activities during training.

Paper : Activity documents, activity programs, accountability reports, implementation manuals, and others.

Data collection techniques are the most strategic step in research, because the main purpose of research is to get data. Without knowing the data collection technique, the researcher will not get data that meets the established data standards. Meanwhile, according to (Lexy J. Moleong, 2010), research using qualitative methods; observation, interviews, or document review. The data collection techniques used in this study were the method of observation (observation), interview (interview), and documentation. While the research instrument according to (Arikunto, 2014) research instruments are tools that are selected and used by researchers in their activities to collect data so that these activities become systematic and made easier by them. The data collection instruments used in this study were observation guidelines, interview guides, documentation guidelines.

The validity of the data in this study was carried out by using triangulation techniques. The source triangulation technique used by the researchers in this study was observation , interviews, and documentation. The data analysis technique in this research is by collecting data, reducing data, presenting data or displaying the data , and drawing conclusions. For drawing conclusions in this study, besides using data triangulation, it also uses a good sports organization management category rubric.

RESULTS AND DISCUSSION

Planning System (*Planning*)

Researcher's analysis of the results of research through interviews, observation, and documentation of the sports class program planning system at SMP Negeri 1 Sumber Cirebon Regency is categorized as very good because all systems clearly match with the 5 criteria for good planning as stated by sports management expert Mr. Soekardi, including:

- 1) It is clear who is working, in this case the sports class program at SMP Negeri 1 Sumber Cirebon Regency is carried out by managers and team members in their respective fields, such as: the principal as the person in charge, the trainer coordinator, the secretary, treasurer, members, and the sports coach supported by a sports class program.
- 2) It is clear what is being done, in this case what is being done is organizing a formal education process and special training in giftedness in the field of sports according to the sports supported by the sports class program.
- 3) It is clear when what is done, in this case it is clear when what is done by the manager, namely compiling a sports class work program will make it easier for the sports coaches in the sports class program to achieve the goals determined by management, and it is clear when what the coach is doing for arranging an exercise program guidelines to carry out the exercise in accordance with the training objectives. And if the administrators and coaches do not work in accordance with their respective fields, it is certain that the objectives of the sports class program itself will not be achieved.
- 4) It is clear where to do it, in this case the sports class program at SMP Negeri 1 Sumber Cirebon Regency is held at SMP Negeri 1 Sumber Jalan Dewi Sartika No. 153 Sumber District, Cirebon Regency, West Java.
- 5) It is clear how is being done, in this case what is done by the manager is in charge of compiling and formulating a policy for the sports class program at SMP Negeri 1 Sumber Cirebon Regency as a policy direction for the implementation of administrative duties and teaching and learning processes as well as training for sports in the sports class program. The principal and manager, assisted by the secretary, treasurer, and members are in charge of planning, monitoring, supervising, evaluating in their respective fields and

compiling reports on sports class programs. The trainer is in charge of planning sports training preparation as well as monitoring, evaluating and reporting on the implementation of training according to the sports supported by the sports class program.

Organizing System (*Organizing*)

The process related to how the strategies and plans that have been formulated in the design of an organizational structure so that the organization works effectively and efficiently in order to achieve organizational goals. Organizing is a process for designing a structure, grouping, organizing and dividing the work tasks of each field so that goals in an organization are achieved efficiently.

Based on the researcher's analysis of the research results through interviews, observations, and documentation data on the organizing system of the sports class program at SMP Negeri 1 Sumber Cirebon Regency, it is categorized as good because the system clearly meets 3 good organizational criteria as stated by sports management expert Mr. Soekardi, including:

- 1) Complete management, in this case the sports class program at SMP Negeri 1 Sumber Cirebon Regency has a complete management organizational structure including: School Principal (Drs. Herri Purnama, Kons) as the person in charge, Chair of the manager or coach coordinator (Drs. Lala Witarsa), Secretary (Ari Setiawan, S. Pd), treasurer (Zubaedi Syam, S.Pd). equipped with a member and a team of coaches in each sport that is supported by the sports class program at SMP Negeri 1 Sumber, Cirebon Regency.
- 2) There is a work mechanism, in this case the sports class program at SMP Negeri 1 Sumber has a working mechanism including: having a work schedule such as Monday-Saturday 1) the management from 07.00-14.00 is at the school to carry out tasks in their respective fields, 2) The trainer trains according to the training schedule for each of the fostered sports starting at 15.00-17.00 and

training together every Friday morning from 06.00-07.30.

- 3) There are routine activities (meetings, training, championships, and evaluations), in this case the manager of the sports class program at SMP Negeri 1 Sumber Cirebon Regency carries out activities such as holding meetings, carrying out training activities by running training programs that have been made by the trainer according to the branch training schedule each other's sports. Participating in competitions organized by the Education Office or others according to the programmed schedule, conducting joint evaluations between schools that organize sports class programs in West Java at the end of each year, and carrying out reports submitted to the central Ministry of Education and Culture at the end of each year.

Implementation System (*Actuating*)

The management of the sports class program at SMP Negeri 1 Sumber is manifested in the form of field performance in accordance with the programmed goals. Carrying out the tasks that have been planned by the management and trainers starting from the beginning of the implementation is a shared responsibility, activities that have been carried out by the administrators and coaches of the sports class program at SMP Negeri 1 Sumber Cirebon Regency that researchers have observed are carrying out their respective duties and responsibilities in accordance with their respective fields.

Based on the researcher's analysis of the research results through interviews, observations, and documentation data on the implementation (*actuating*) of the sports class program at SMP Negeri 1 Sumber Cirebon Regency, it is categorized as very good because the system clearly fits 4 good implementation criteria as stated by sports management expert Mr. Soekardi, including:

- 1) Implementation of the program, in this case the manager of the sports class program at SMP Negeri 1 Sumber Cirebon Regency has

implemented programs that have been made, such as the student selection process, teaching and learning process, training and participating in championship events at district, provincial and national levels.

- 2) There have been achievements. in this case, the management of the sports class program at SMP Negeri 1 Sumber Cirebon Regency has obtained several achievements including the overall champion in the evaluation of the inter-school sports class program that organizes sports class programs throughout West Java, 1st place in the 2019 national level O2SN backstroke swimming, and the overall champion of athletic invitation for Cirebon Regency level in 2018 and 2020 and others.
- 3) Carry out activities that have been planned, such as participating in events at the district, provincial and national levels. Managers carry out activities in their respective fields.
- 4) Complete the 5 M (Man, Money, Method, and Mechine), in this case the sports class program manager has completed the 5 M, namely:
 - a. Man : human resources sports class program composed of managers and coaches
 - b. Material : the materials needed in this activity, in this case the students are members of the sports class program
 - c. Method : the method or system in this case is the existence of a manager's work program which is implemented by the coach in the form of a training program in training athletes in sports class programs to achieve training objectives and sports class program objectives.
 - d. Money : there is money needed to achieve the goals of the sports class program from the Ministry of Education and Culture and the students' parents.
 - e. Mechine : the availability of infrastructure owned by sports class program management to support the implementation of training and can be used in competing to achieve better performance

Control System (*Controlling*)

An activity carried out by the management of the sports class program at SMP Negeri 1 Sumber Cirebon Regency must really be given a direction before implementing it, in this case the activities that will be carried out require a comprehensive control and supervision of these parts so as to minimize errors between managers, coaches, and students in carrying out all sports class programs.

Based on our analysis of the results of research through interviews, observation and documentation data to the control system (*controlling*) program exercise classes SMP Negeri 1 Sumber Cirebon categorized as very good because the system is clearly in line 4 criteria of good supervision as proposed by the expert sports management Mr. Soekardi , including:

- 1) There is supervision, in this case, from the principal to the manager and the trainer who always conducts monitoring and control during the activity, both planning and implementing the exercises that come directly to the field to ensure that the activity goes well.
- 2) There is a report, in this case a written report to the Ministry of Education and Culture related to reporting documentation of training activities, achievements, and use of sports class program funds.
- 3) There is an evaluation, in this case an evaluation of each sport under the guidance of the sports class program which is carried out by the coach in each exercise and is included in competitions at the district, provincial and national levels as well as an evaluation between schools implementing the West Java sports class program.
- 4) There is monitoring. In this case is internal monitoring carried out by the principal who always monitors the activities carried out, both the performance of managers, trainers, or students. Meanwhile, external monitoring is carried out by DISBUDPARPORA, the District and Provincial Education Offices, as well as the Ministry of Education and Culture of the Republic of Indonesia.

CONCLUSION

Based on a discussion of the management of the sports class program at SMP Negeri 1 Sumber Cirebon Regency, it can be concluded as follows :

System planning (*planning*) management program class sport SMP Negeri 1 Sumber Regency Cirebon is already very good , because it already meets the five aspects of the categorizations that exist .

The system of organizing (*organizing*) management program class sport SMP Negeri 1 Sumber Regency Cirebon own good , because it meets four of the five aspects of categorizations that exist .

System implementation (*actuating*) management program class sport SMP Negeri 1 Sumber Regency Cirebon is already very good , because it already meets all aspects of the categorizations that exist .

System monitoring (*controlling*) management program class sport SMP Negeri 1 Sumber Regency Cirebon is already very good , because it already meets all aspects of the categorizations that exist .

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