

Evaluation Program of Futsal Coaching at the Anak Rantau Club North Sumatera

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Article Info

History Articles
Received:
11 September 2020
Accepted:
13 October 2020
Published :
31 December 2020

Keywords:
Evaluation, Futsal,
Anak Rantau

Abstract

The Anak Rantau futsal club as a forum for fostering athlete in the city of Medan to achieve achievements. To improve sports achievement, it is necessary to monitor talent, nursery, and coaching. This study aims to evaluate: Context: Background, Vision Mission, Development program objectives. Input: SDM, facilities and infrastructure availability, funding. Process: training programs implementation, coaches/athletes admission systems, the use of facilities and infrastructure, coordination. Product: achievement and welfare. This study used a qualitative approach with the CIPP (Context, Input, Process, Product) evaluation model developed Stufflebeam. The research subjects included administrators, coaches, athletes, parents. Data collection techniques by observation, interviews, documentation and triangulation. The results showed: first the context of background, vision, mission, program objectives was good and transparent, the second input of on SDM (administrators, coaches, athletes) was good and placed according to their fields, facilities and infrastructure availability at field aspects are inadequate, funding are running poorly because they come from club owners and have not sufficiently fulfilled coaching needs, the third process of regarding the coaching program implementation was quite good according to the training program schedule, athlete recruitment system and good category coordination, while the recruitment system coaches and the use of medium category facilities and infrastructure, trainer recruitment is appointed directly by the management, coordination has been gone very well, the four development program products regarding achievement and welfare were categorized as unstable achievement and the welfare aspects of coaches and athletes were obtained from the results prize when become a champion.

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INTRODUCTION

Sports is a physical activity that is carried out to maintain health, fitness, strengthen the muscles. Exercising is a natural method of maintaining health and avoiding disease and remarkable cures you can easily get without expensive expenses. Starting from physical activity, exercise is a typical physical activity good for the mind, body, and soul (Falaahudin & Sugiyanto, 2013). Sport also has many benefits, including fostering sportsmanship, enhancing social personality, and training talents, attention and abilities. Exercising can be used as a place to express and channelling hobbies and achievements (Nugraha, 2008). Not only that, along with sports development, exercise is also used to elevate dignity. This can be achieved through proud achievements in the field of sports (Antonius, 2019).

Sports development in North Sumatra is essential to support the development of national sports, which leads to the formation and strengthening of the national character to achieve the nation's existence in the future. Sports development is an inseparable part of the national development process, especially in efforts to improve the quality of human resources which leads to: 1) Increasing the physical health of the community, 2) The mental and spiritual quality of the community, 3) The formation of national character and personality, 4) Discipline and sportsmanship, 5) Improved achievement that can generate a sense of national pride (Utami, 2015).

Futsal is a soccer game that is played indoors. Futsal comes from the Spanish language, namely *futbol sala* which is called indoor football. And is one sport popular throughout the world. In Indonesia, futsal

games are popular among all groups, from young children, adolescents, to adults, Lhaksana 2012 in the journal (Abdul Narlan, 2017). In futsal, each team comprises five players, in contrast to soccer which comprises eleven people in one team. Compared to soccer games, the size of the field and balls in futsal games is also smaller (Wiyanto, 2016). Futsal is a variation of indoor football that not only uses the old variations but also uses the new variations that have been created and inaugurated by FIFA and UEFA. Indoor football in Portuguese (*Futebol Ed Salao*) this sport is the most interesting change, namely a soccer game played indoors with a field that is almost the size of a basketball which is easy to use for a team of five including goalkeepers. Having techniques, skills, tricks, and individual tricks is one of the attractions in the futsal game show, which is enjoyed by players and as a spectacle for the public. Vic Hermans & Rainer Engler, 2011 in the journal (Armand, 2018).

Coaching is an arrangement or method of planning activities, through various training activities that are planned and carried out systematically, regularly and sustainably (Muryadi, 2015). It takes a long time for coaching, starting from an early age until it reaches a high level of competition efficiency (Indrayana, 2017).

Coaching and development of achievement sports are carried out to achieve the best sports achievements at the regional, national to international levels, which have the requirements to have the maximum fitness and skill level. To achieve sports achievement, you must continue to practice and be disciplined in carrying out the training program presented by the coach. To obtain an achievement that you want to achieve, you must also get support

from all parties related to sports achievements development In Law No. 3 of 2005 concerning the national sports system in article 27 paragraph 4 states that fostering the achievement sports development is carried out by empowering sports associations, developing national and regional sports coaching and organizing competitions in stages and continuously (Kemenpora, 2005).

Sports coaching is one of the important factors in achieving maximum achievement, the development of the world of sports very depends on sports coaching, both in the environment, society, clubs, even at regional, national, and international levels (Iwan Fataha, 2013).

One of the futsal sports coaching platforms in Medan is the Anak Rantau Futsal Club, Medan Denai District. The Anak Rantau Club in Medan City is a pretty good place for training that has reached the Nusantara Futsal League. The Anak Rantau Futsal Club has been established since 2015 until now. The Anak Rantau Futsal Club has unstable achievements in Medan City in terms of achieving the achievements of the Overseas Children's Club, which is still unsatisfactory even in the North Sumatra Regional arena it has not yet reached the club's target.

From the above background, the writer is interested in conducting research on "Evaluation of Achievement Development Program at the Futsal Club for Anak Rantau of North Sumatra".

METHODS

This study is using a qualitative approach with the CIPP (Context, Input, Process, Products) evaluation model developed by Stufflebeam 1971. The qualitative approach was chosen because it

was suitable for evaluating building achievement process at the Anak Rantau Club of North Sumatra. The CIPP model was chosen because the CIPP model (context, input, process, products) saw four dimensions, namely 1) context comprising background, vision and mission, and coaching objectives. 2) input comprises human resources, infrastructure and funding. 3) the process comprises implementing a training program, organization and coordination.

This research design is descriptive with qualitative research methods. The data were obtained from various sources using various data collection techniques (triangulation) and carried out continuously until the data was saturated (Sugiyono, 2010). Data collection instruments were observation, interviews, documentation and triangulation.

The subjects of this study were the Anak Rantau Futsal Club, North Sumatra, which was obtained by: administrators, coaches, athletes and parents.

RESEARCH RESULT

Context Evaluation

Based on the results of observations, interviews and documentation of the coaching program at the Anak Rantau futsal club:

Background Based on the results of an interview with club owner Rocky Ahmad Panjaitan on August 11, 2020: "... the background for the establishment of the Anak Rantau Futsal Club of North Sumatra was the formation of several students at the University of North Sumatra in Medan City. The formulation and initial plans for the establishment of this club emerged at the end of 2014.

Vision and Mission Based on interview with the futsal club coach Ivan Basten

Sianturi, on August 16, 2020: "... The vision is to become a professional futsal club and have youth coaching. And the mission of creating young professional players, forming U-18 and U-21 coaching programs and consistently participating in local event competitions to the national level".

Coaching objectives doing sport is to develop athletes in a planned, graded and sustainable manner to achieve maximum performance.

Input Evaluation

Human Sources Availability The Anak Rantau futsal club includes Club Owners, Coaches, Management Coaching, Internal Managers, External Management and athletes. Club owners determine and placed according to their respective fields.

Facilities and Infrastructure Availability In terms of facilities, according to the management and coach, some of them have been fulfilled, although there are some that must be repaired and equipped, but the field aspect still has to pay the field system and move places, for every training day, collect funds ten thousand rupiah each.

Funding Sources Based on the findings in the field, the Anak Rantau futsal club still depends on the club owner, namely Mr. Rocky Ahmad Panjaitan, while the cash source is from the coaching money for donations from players, ten thousand per training to pay for the field rent, remaining for saving, and now the club already has a sponsor, namely : Allga Laundrette, M2M Futsal, Paparazzi Sport but not enough for coaching purposes.

Process Evaluation

Implementation of Training Program an interview was conducted with Ivan Basten Sianturi as the coach on September 8, 2020:

"... as a coach, I am obliged to have training guidelines that are used to train athletes and arrange training programs so that the portion of the training given is right on target. Just before the championship, the club will often hold friendly matches while the training schedule is held once a week, namely Tuesday or Wednesday from 17.00-19.00 WIB. As for the event preparation training schedule is set once a week for friendly matches".

Coach Recruitment System According to Mr. Rocky Ahmad Panjaitan as Club Owner on September 02, 2020: "... The coach is selected directly because the current coach is the previous assistant coach, and for the current coach is also a former futsal player and has a coaching license."

Athletes Recruitment System as stated by Mr. Rocky Panjaitan as the owner of the club on 02 September 2020: "... we as the management, conduct a talent search for athletes through category selection according to the age of the athletes who will be selected for potential talents. We provide information regarding the form of open selection invitations using social media". informed via Instagram social media accounts: @fcanakrantau, Facebook: FC Anak Rantau, and in the environment the city of Medan, besides that there are players who are directly selected by the coach recommended joining the Anak Rantau Futsal Club.

Use of Facilities and Infrastructure As expressed by Mr. Rocky Ahmad Panjaitan as the committee on September 02, 2020:

"... The training ground still moves around and the rented. But when Sports Arena Mini Pancing Medan was not used for events / competitions, the club was sponsored by M2M Futsal. So the Anak Rantau Futsal Club can practice".

Coordination according to the results of the interview with Mr. Rocky Ahmad Panjaitan as the committee on September, 02 2020: "... so far we as administrators have always coordinated well with coaches, athletes and parents, because we feel the Anak Rantau Futsal Club is a family, we also often hold gatherings after training, the administrators with the management coach so that the kinship is well maintained".

Product Evaluation

Achievements As conveyed by the management of the Anak Rantau Futsal Club, Mr. Rocky Ahmad Panjaitan on September, 02 2020: "... for the Medan City region, we have won several times including a 1st place in the Indonesian National Youth Committee (KNPI), 1st place in USU FEB Porseni, 1st place in KNPI DPD Sumut U-23 Cup. for LFN, we only reached the group phase and it has been five years following the LFN that we have never passed the group stage to the knockout phase".

Welfare As stated by the management of Mr. Rocky Ahmad Panjaitan, 02 September 2020: "... all the stakeholders in the Anak Rantau futsal club, sacrificing for this coaching such as their time, energy, finances, etc., coaches and athletes are also not paid, they only get bonuses when the club can win in the competition".

DISCUSSION

Context Evaluation

Context evaluation includes several aspects including background, vision, mission and program objectives at Anak Rantau futsal club.

The background of establishing the Overseas Anak futsal club is based on the

decision of Kemenpora No 3 Tahun 2005 to become a forum for athletes who have sustainable talent in the field of futsal.

The vision of coaching is to become a professional futsal club that plays in the Indonesian Professional Futsal League and has youth coaching. To make this happen, the Anak Rantau futsal club as the futsal sports organization performs its duties and obligations as a place for training young athletes, especially in the city of Medan.

Coaching mission, Creating professional club management, creating young professional players, Establishing U-18 coaching programs.

Coaching aims to develop athletes in a planned, graded and sustainable manner to achieve the best performance (Wandi, 2013).

Input Evaluation

Human Resources (SDM) related to humans who can work to provide services or work businesses as stated by Ali Maksum in (Bangun, 2013). SDM at Anak Rantau futsal club which consists of Managers, Coaches and Athletes.

Availability of Facilities and Infrastructure Facilities and infrastructure or facilities that must be owned and equipped by the club, progress or improvement and increase in the number of existing facilities will greatly help encourage increased performance with complete facilities will facilitate the implementation of guidance. As stated by Lam ETC in (Jasinkas, 2013) "The quality of work-out and physical facilities is important for customers".

Funding is one of the important factors for sports coaching and supporting the results, because without funds it will be difficult for coaching to develop towards the best performance (Ridwan Andri Winata, 2015).

Process Evaluation

Implementation of the Exercise Program the club itself does not provide a specific standard reference the coach is given the freedom to make his own according to the circumstances. A good training program is one that is planned and implemented systematically, regularly and continuously with various training activities (Erni Wijayati, 2015).

Coach Admission System is appointed directly by the management. Coach is a person who has professional skills that can help bring out the best potential of athletes in a relatively short time, and is a source of strategy (Yulianto, 2015).

Athlete Admission Athletes are the main object in the process of fostering achievement sports, matters relating to athletes are physical condition, age and potential. Therefore, the best performance of an athlete depends on many factors, including a good personality (Azran Arief Parena, 2017). The process of admitting athletes begins with the interest of the registered athletes, the selection is open.

Use of Facilities and Infrastructure Facilities and infrastructure are one of the supporting factors for the implementation of the futsal sports coaching program, with the aim of achieving the best performance. Good and complete facilities will provide convenience and comfort for coaches and athletes to train (Sayed, 2016).

Coordination organizational needs to coordinate to ensure the smooth running of activities or programs, and this is done to avoid bad communication problems (Arin Triyasari, 2016).

Product Evaluation

Achievements are the result of hard work to achieve the best achievements, it requires programmed, planned, directed and continuous coaching and is supported by good human resources such as administrators, coaches, athletes and the availability of adequate facilities and infrastructure (Candra, Adiska Rani Ditya , 2016).

Well-being is one of the determining factors for the success of good performance development, therefore the welfare of the coaches and athletes needs to be fulfilled and improved both in terms of the number and time of acceptance. Individuals do need welfare to maintain and increase the stability of their social and economic needs (Biscaia, 2013).

CONCLUSION

In the Context of the Anak Rantau Development program, namely a coherent background for developing the talents of potential young players in the community, especially in Medan city. Vision and mission, the objectives of the coaching program are good. In the Input of the Anak Rantau development program, specifically having good human resources (HR) according to their abilities and fields, the availability of incomplete facilities and infrastructure, for infrastructure that does not have a training ground, must move around the rental location. And the source of funds is not sufficient for development program activities. In the Process of the Anak Rantau development program comprising aspects of Program Implementation, Trainer and Athlete

Acceptance Systems, Use of Facilities and Infrastructure has not been implemented properly, but for coordination it has been running well. In the Product, the achievement was not good because during the last five years the coaching achievement was not under the target and what the club expected, especially in the Nusantara Futsal League.

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