

Evaluation of Basketball Sports Achievement Coaching Program at the Bangau Club Palembang City South Sumatera Indonesia

Dinda Ayu Puspita Prabu , Taufiq Hidayah, Nasuka Nasuka

Universitas Negeri Semarang, Indonesia

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Abstract

This study evaluate: Context , background, vision-mission and objectives of the coaching program, Input , availability of human resources (HR), the feasibility of facilities and infrastructure and implementation funding sources, Process, implementation of training programs, the role of trainer performance , athletes, facilities and infrastructure, coordination between parties, consumption, and welfare, Products achievement. Results of research context, basketball achievement development program for Bangau is accordance with objectives of coaching program that has been carried out both in background and vision and mission, Input , has good human resources, facilities and infrastructure for Stork basketball club, the National standard is very good , and a good source of funds. Process, training program responsibility coach implementation of training program is not well structured , the recruitment athletes part of coach. running quite well, facilities and infrastructure is very good, coordination between related parties is good, and the welfare in it is good, Product , basketball achievement development program for Bangau club, regarding achievements that are benchmarks for success in last 5 years regional championship in 2015-2020, Bangau club has had achievements and has often participated in championship but is not stable. Conclusion from this research concludes that from the context and input it has been carried out well, while the process , implementation training program is quite good but not structured in running it, product, achievements are good enough because they often participate in championship, but achievements are good. found that it is unstable and not maximal at regional level .

 Correspondence address:
Lorong Hasyiman, 9 Ilir, Kec. Ilir Tim. II, Palembang, Sumatera
Selatan 30114
E-mail: dindaayupp05@gmail.com

INTRODUCTION

Sports coaching and development is directed at achieving achievements both at the regional, national and international levels. Coaching carried out by the main sports branch organizations both at the regional and central levels is carried out by empowering sports associations, developing national and regional sports development centers and holding tiered and sustainable competitions (Law Number 3 of 2005). The implementation of a sports coaching includes several stages or components, namely sports organizations, training programs, coaches, athletes, sports facilities and infrastructure, environmental support funding (Sajoto, 1995: 2-5). Sports achievement is something that is both observable and measurable, meaning that sports coaching is carried out with a scientific approach ranging from talent scouting to the coaching process (Assalam, Sulaiman, and Hidayah, 2015).

Organization as a structured container combines a number of people working together to achieve certain goals based on work mechanisms and division of functions. The role of HR is very decisive in achieving organizational goals depending on the people who organize, control and structure them. An organization that underestimates its human resources will not get the best results (Argasasmita, 2007 : 58).

The success of fostering a systematic, integrated, directed and programmed athlete achievement can be clearly seen based on various factors that influence the success of coaching, namely the availability of adequate sports infrastructure and completeness, the existence of a tiered and sustainable program which is reviewed by the availability of adequate budget and connectivity which is good between all parties including athletes, coaches, administrators, provincial administrators, KONI, and the Government (Allung et al., 2019). Not only that, athletes also need to pay attention to characteristics, both physical and psychological, the ability of the coach, facilities, and the training program environment (Fataha, Rahayu, and Soegiyo, 2013).

Coaching is a factor that plays an important role in the world of sports, especially basketball, coaching needs to be done as early as possible through talent search and scouting, nurseries, education and sports training based on science and technology effectively and efficiently (Afif, 2017). The main objective of the achievement development program is to develop athletes from an early age, search for the talents of athletes in every sport and be able to achieve maximum performance (Irmansyah, 2017). Athletes are targets in the coaching process. Athletes as individuals who have the potential and talent to become champions if managed properly. Athletes can fulfill one's need to be appreciated and get satisfaction with the achievements achieved, this will encourage athletes to strive to achieve their highest achievement (Depdiknas, 2001: 95).

In addition to the sports coaching program that must be carried out systematically, planned, regularly and continuously, evaluation is also necessary (Adzalika, Soegiyo, and Rumini, 2019). Evaluation is part of the management system to measure the achievement of results which will be used to make alternative decisions (Yuniartik & Hidayah, 2017). The evaluation process can really be used as a basis in determining the quality of a program, and overall evaluation is used as a reference for assessing the elements that support a program (Akmal, Ahmad Zhafri, 2020).

The Bangau basketball club in Palembang is one of the clubs that is very popular with basketball athletes, the achievement of the Bangau club is still minimal, even in the South Sumatra National event it is still not optimal even though it has been supported by facilities and infrastructure to support achievement, such as a field and a gym. Having its own, the Palembang Bangau Basketball club, the best club in the City, often participates in local competitions and competitions outside Palembang City.

Based on the results of observations and interviews with the management and coach of the Palembang Bangau club, that there has never been an evaluation of a basketball sports club coaching program, the evaluation process has not been carried out comprehensively in the basketball sport, has not systematically arranged training programs

in basketball, lack of attention from the local government against basketball sports clubs. Based on the results of the results of the competition that the Bangau club participated in in local and long distance competitions from 2015 to 2020, namely Champion 2 Palembang Basketball League Div 1 in 2012, Champion 3 Championship Bangau Cup in 2015, Champion 3 Palembang Basketball League Div 1 in 2016, Champion 3 Event 3x3 Independence Cup in 2016, Champion 2 Perbasi Cup U16 in 2017, Champion 3 Perbasi Cup U18 in 2017, Top 4 Palembang Basketball League Div 1 in 2017, Top 8 Palembang Basketball League Div 1 in 2018, Top 8 Palembang Basketball League Div 2 in 2019, Top 4 Rajawali Cup Lahat in 2020.

The achievements in various regional and international competitions have decreased. It can be proven by results or externally in the basketball coaching system. Therefore, the improvement and development of the coaching system has a goal to be achieved both in the vision and mission, as well as short-term, medium-term and long-term planning, through measurement according to procedures, will be able to be evaluated gradually and continuously all programs related to coaching Sports.

Based on the explanation above that has been delivered, it is known that the management of the Bangau club Palembang City, South Sumatra has not yet evaluated the coaching process. The current evaluation is only in the form of evaluation of individual athlete subjects in the form of physical tests and a series of medical tests that are carried out when the athlete has entered the provincial level training center, not a routine athlete test. Evaluation of the Bangau club in Palembang City, South Sumatra needs to be done to determine the extent of the achievements of the training program to attend the national events that will be followed and the coaching process that has taken place. Evaluation is also carried out to reveal matters related to the training program (Aldapit, E., & Suharjana, S, 2019). In order for the evaluation to obtain more comprehensive results, the model that will be used in conducting the evaluation is the CIPP model or Context, Input, Process, and Product. This model was developed by Stufflebeam (1983).

METHODS

This type of research is a penelitian evaluation in evaluation research conducted on a coaching program achievement stork club Basketball in the City of Palembang in South Sumatra.

The focus of this research is on the evaluation of the basketball sports achievement coaching program at the Bangau Club Palembang, South Sumatra which includes the following indicators: Context: Background, vision-mission, and program objectives. Input: Availability of human resources, feasibility of facilities and infrastructure. Process: coach admission system, exercise program implementation, athlete acceptance system, use of facilities and infrastructure, coordination, consumption, and welfare. Product: Achievement.

The main data sources in this study are words and actions, the rest is additional data such as documents and others. In connection with this in this section the types of data are divided into words, actions, written data sources, photos and statistics (Lexy J. Moloeng, 2000: 159). The main data sources of this study are the results of in-depth interviews and observations that are recorded or recorded, while the secondary data includes documentation.

Data collection techniques in this study were observation, interviews, documentation, and combination (triangulation). Obtaining primary data used data collection tools in the form of observation and interviews (interview), while documentation in the form of archives was used as secondary data.

Data were analyzed by structuring and explanations to interpret because the relationships between phenomena were interpreted based on natural backgrounds, therefore qualitative data must be met, such as naturalistic, inductive and holistic analysis.

RESULTS AND DISCUSSION

The results and discussion in the study led to an introduction implementation based on the

Bangau Palembang club basketball achievement coaching program, South Sumatera.

Relevant research in this study by, (Irmansyah, 2017), The results show that the overall results of the evaluation of the achievements of sports coaching program of beach volleyball in the province of NTB are still not good and in DIY are good. At the evaluation of the coaching program achievement in the province of NTB, in terms of contexts, it has been running well. In terms of the input, it is still not good. In terms of process, it is still very poor. In terms of product in general, the achievement has been good, it can be seen from the accomplishment documentation that has ever been achieved by athletes of NTB. In DIY, the evaluation of the coaching program achievements in terms of contexts has been running well. In terms of input, it has been running well. In terms of process it is already under way with very good. In terms of product in general, the achievement has been good, it can be seen from the accomplishment documentation that has ever been achieved by DIY athletes.

Evaluation of the context in this study includes aspects of AD/ART, vision-mission and development program objectives. Function to describe the mechanism of action of components clubs Palembang South Sumatera Stork. The implementation of the basketball sports achievement coaching program at the bangau palembang club has been going well, is well-planned and structured in accordance with the ad / art , vision-mission, and objectives of the coaching program that has been made.

Input evaluation based on trainers and assistant trainers, availability of human resources, feasibility of facilities and infrastructure.

Coach and Pelatih dan Assistant Coach Based on the results of interviews and documentation related to trainers and assistant trainers, they already have quality criteria where the trainer is known to be licensed or certified with a license C (regional), and the assistant trainer also has C (regional) license.

Human resources (HR) is an instrument that is very important in sports achievements coaching program at the club stork Palembang South Sumatera. The meaning human resources among

other coaches, athletes and supporting staff. Coaches and athletes as an objek human resources at the club stork Palembang South Sumatra already well, the availability of athletes in club stork Palembang South Sumatera also been well tended to have the expertise or skill of an athlete, it is proved by the successful achievement in every junior and senior championship . The existence of competence administrators, coaches and athletes is expected to increase their performance.

Facilities and infrastructure are the supporting factors for success in coaching, developing and enhancing sports achievement. Based on the results of interviews related to facilities and infrastructure , the facilities and infrastructure owned by the Bangau Palembang South Sumatra club regarding the location, training needs and training sites are very good because the training equipment and infrastructure have been facilitated.

The evaluation process consists of: coach admission system, exercise program implementation, athlete acceptance system, use of facilities and infrastructure.

The role of the coach is one of the most important aspects of the sports component in achieving achievement. Based on the results of the interview, the management did not carry out the selection for the coach, but the coach was an experienced former athlete of the Bangau Palembang South Sumatra club who was recommended by other coaches, as well as having a coaching license.

The implementation of the training program that is applied in the development of athletes at the Bangau Palembang club, South Sumatra is in accordance with the results of the research that the implementation of the training program has been running as programmed and scheduled by the coach and the athletes have no difficulty in following the existing training program.

In accepting athletes, the coach usually plays an important role in the decision to appoint athletes and gives the athlete understanding that the athlete can participate in the championship. Based on the decision of the basketball athlete coach, he can participate in his team.

The use of facilities owned by the club stork Palembang in South Sumatra has been good, visible from the field of indoor and outdoor which is standard nationwide as a gym, the field belongs to the club stork Palembang in South Sumatra, as well as a gym fitness club, then tools such exercises kun, basketball is good, and the use of facilities is also good.

The management of basketball sports achievement coaching at the South Sumatra crane club always coordinates with related parties such as coaches / assistant coaches, athletes, parents regarding existing problems, for the sake of smooth running of a program carried out by the Palembang south Sumatra Bangau club management.

Provision of consumption for basketball athletes at the Palembang stork club, South Sumatra is currently in good condition because it is provided on time and meets basketball athletes, although the provision is made by the athletes themselves and for the athletes themselves.

Welfare is an important factor needed by a person to foster socio-economic stability. The welfare of the coaches / assistant coaches and athletes is important for the management to pay attention to. Welfare is said to be good, the welfare that the coach / assistant trainer gets is good in proportion to his job as a coach. Meanwhile, athletes only get coaching money if they excel in the championship, coaching money and bonuses in the pure championship for the athletes themselves but do not receive coaching money from the management.

Product evaluation can be used as a measure of success from previous exercises. Based on the evaluation that has been done regarding the results of the Bangau Palembang club coaching program. Based on the evaluation conducted regarding the results of the Bangau Palembang club development program, South Sumatra, namely the achievement of the championship. The resulting achievements have been good but have not met the predetermined targets. Achievements especially in the last 5 years in regional championships in 2015-2020, the Bangau Palembang South Sumatra club currently has achievements and often participates in championships but is not stable or not maximal,

from the management targeting the Palembang Bangau club basketball athletes to get results in regional championships. The management stated that the achievements made were still not optimal and were not as expected.

CONCLUSIONS

Based on the discussion regarding the implementation program of achievement coaching at the Bangau Palembang Basketball club, South Sumatra, it can be concluded that include: context: background, vision-mission and objectives of the basketball sports coaching program at the Bangau Palembang club, South Sumatra is good for developing and teaching basketball to the community, especially in the Bangau Palembang club, South Sumatra. input: including the availability of human resources is good, the use of facilities and infrastructure is also good in its implementation so that the development program activities can run smoothly and can be maximized. process: the implementation of the training program is quite good in running it but it is not well structured and the coordination between the related administrators in coaching basketball is carried out optimally based on the data that the researchers met in the field. product: the success in building achievements so far has been good, has achievements and often participates in competitions, but the achievements obtained are not stable or not optimal at the regional level.

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