

## Evaluation of Sports Extracurricular Management During the Covid 19 Pandemic Middle School in the District of Tonjong Brebes

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### Abstract

Extracurricular sports activities are activities conducted outside of school hours that are beneficial for increasing the physical fitness of students, because sports force children to move dynamically and exhibit appropriate physical behavior. This study's objectives are: 1) Evaluation of the management of extracurricular sports planning 2) Evaluation of the implementation management of extracurricular sports activities. 3) An evaluation of the supervision of extracurricular sports activities. 4) Evaluation of the evaluation of management of sports extracurricular activities at State Junior High Schools in the Tonjong District of the Brebes Regency. This is a qualitative study using a qualitative descriptive method. The sources of information for this study include the principal, the waka of student affairs, the eskul coaches, and the students. Observational, interview-based, and document-based data collection techniques. The four interacting components of data analysis are data collection, data reduction, data display, and conclusion. The results of planning research at Public Junior High Schools in Tonjong District, Brebes Regency indicated that, on average, a questionnaire is used to recruit sports extracurricular participants. This is evident from the recruitment stage of sports extracurricular participants, which is conducted simultaneously using a questionnaire form. Tonjong had a method of two training sessions, each of which lasts 45 minutes.. The research concludes that the extracurricular administration of SMPN in the Tonjong District has been successful. During the COVID-19 pandemic, the improvement of student performance in the field was impeded.

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## INTRODUCTION

Management was first known in economics and business, which were profit-oriented and commercial in character. But as a result of developments, management entered the realm of education, and it now appears that management is crucial for organizational activities (Irawan, Shandi, & Salahudin, 2020). Without the management of the organization's wheels, it is difficult for the organization to run well, effectively, and efficiently. Process-oriented management implies that management involves human resources, knowledge, and skills in order for activities to be more successful or to result in actions that lead to success (Kautsar, Sumardiyanto, & Ruhayati, 2018).

The management will provide direction to attain the goals in accordance with the school's goals. Therefore, schools as educational institutions are obligated not only to grow and improve students' academic abilities, but also to develop and improve students' non-academic abilities, in the sense of cultivating students who are not immediately related to lessons (Varea, González-Calvo, & García-Monge, 2022).

Extracurricular activities in physical education are important because they provide a place for talent development and achievement formation (Panuntun & Raharjo, 2015). Students can expand their knowledge and improve their talents by participation in extracurricular activities. Students will be encouraged and directed to reach their utmost performance in practice. Sports extracurricular activities are activities conducted outside of school hours that are beneficial for enhancing the physical fitness of students. Its because sports demand children to move dynamically and show good physical behavior (Pratiwi, 2015).

At the non-academic level, schools must provide a space for the growth and development of students' various talents and creativity in order to produce individuals with creative freedom, including through

extracurricular activities (Yunida, Sugiharto, & Soenyoto, 2017) stated that "Coaching is also carried out by empowering sports associations, developing and improving sports coaching that is national in nature".

According to (Suprayitno, Hartono, & Hartiwan, 2013) Sports extracurricular activities are activities conducted outside of school hours that are useful in improving the physical fitness of students. Therefore, extracurricular activities, intracurricular activities, and co-curricular activities, under the guidance and supervision of the education unit, aim to develop the potential, talents, interests, abilities, personality, cooperation, and independence of students optimally to support the achievement of educational goals, as well as to improve students' physical fitness (Hidayat, Riyanto, & Rosman, 2018).

The extracurriculars in SMP Negeri 1 Tonjong District before the pandemic period were varied, such as at SMP Negeri 1 Tonjong there were several extracurriculars, for example; volleyball, sepak takraw, athletics, football and tennis. While at SMP Negeri 2 Tonjong there are extracurricular activities, including; basketball, volleyball, sepak takraw, athletics, table tennis, pencak silat and karate. For SMP Negeri 3 Tonjong some of the extracurriculars include; volleyball, athletics, sepak takraw and football but for the past 2 years there was a pandemic, nothing extracurricular was running, it only started at the beginning of the new academic year 2021\2022 but by following a circular from DINDIKPORA stated extracurriculars were allowed to run but using activity restrictions, namely 50% of participants.

Before to the pandemic, the greatest accomplishment ever attained was second place at the national level in athletics for short distance running, javelin throwing, and long jump in aerobic gymnastics. Each year, the athlete placed in the top five at the provincial level. Game sports like as football, sepak takraw, and basketball have never reached district-level success. The amenities and

infrastructure at the State Junior High Schools in the Tonjong District include a hall, basketball court, takraw court, long jump tub, volleyball court, but no football field, swimming pool, or running track.

During the COVID-19 pandemic, there are no achievements because no matches or competitions are organized in any sport at any level, from the District to the Karisidenan to the national level (Wildani & Gazali, 2020).

Several sports, such as Kerjurda, Kejurkab, POPDA, and O2SN, are held situationally or while approaching a competition or championship as part of extracurricular activities. Included among these sports are athletics, badminton, football, and table tennis. Many athletes have competed at SMP Negeri 2 Tonjong District in a variety of sports, including athletics and football at SMP Negeri 1 Tonjong, basketball and athletics at SMP Negeri 2 Tonjong, and football at SMP Negeri 3 Tonjong.

This study will analyze sports extracurricular management at the State Junior High School in the Tonjong district, which has a sports extracurricular program.

**METHODS**

This study used a qualitative descriptive research method or qualitative descriptive research, namely the data that appears in the form of words that describe and define the state of the research subject based on the facts that arise or as (Kristiyandaru, Nurhasan, Muhammad, Kartiko, & Indriarsa, 2022) which aims to determine the Sports Extracurricular Management of students at the State Junior High School in the district of Tonjong in all sports extracurricular activities. Determination of the location in this study using a purposive area method, namely a State Junior High School in the district of Tonjong.

This study used two different data sources. Extracurricular coaches, school

principals, student representatives, coaches, and students were the primary data sources. Documents and archives for managing extracurricular programs at State Junior High Schools in Tonjong District were secondary sources of data for this study.

**Table 1.** Research Data Collection

Variable	Management Element	Data Source
Planning	Staff	Principal
	Budget	Deputy Head of Student Affairs
Organizing	Materials	Student Council
	Equipments	Coach
Actuating	Methods	Student Council
	Marketing	Student
Controlling		Coach
		Student

Observation, interviews, questionnaires, documentation, and a combination of the four were utilized to collect data for this study. The data validity technique employed in this study was based on source triangulation. Data source triangulation is source triangulation used to assess the reliability of data by comparing data acquired from various sources. This study focuses on the activities of the principle at SMP Negeri in Tonjong DIstrict that have been conducted via waka student or other management. The researcher then inquired directly with student council and other stakeholders, such as teachers and staff, to determine whether or not the information matched.

The data analysis technique used in this study is based on an interactive analysis model developed by (Miles, M. B., humberman, A.M., & Sldana, 2014) Data analysis consists of 4 interacting components, namely, Data Collection, Data reduction, Data Display and Conclusion. The four components are a continuous cycle.

**RESULT AND DISCUSSION**

**Planning Management**

Managers are the main movers behind an organization's resources, which operate in harmony to achieve its objectives. Obviously, management resources have a purpose. Therefore, an organization must have a structure that optimizes performance according to the potential of these resources for a function that must maximize its performance.

### **SMP Negeri 1 Tonjong**

The planning for extracurricular programs at SMP Negeri 1 Tonjong, Brebes regency, has a very strong aim in terms of funding, acquisition of facilities and infrastructure, management, training programs, and the conducting of a sports program. Based on the findings of interviews with resource persons, SMP Negeri 1 Tonjong has prioritized extracurricular activities, with the stipulation that each sport extracurricular branch receives training rations twice per week, accompanied by their respective coaches, and that extracurricular activities are limited during the pandemic period. Regarding the facilities and infrastructure utilized for sport extracurricular activities, it is complete, as evidenced by the fact that each sport is comprehensive. Regarding the fund management system, School Operational Assistance (BOS) funding and school funds are used for extracurricular sports activities.

### **SMP Negeri 2 Tonjong**

The planning for extracurricular programs at SMP Negeri 2 Tonjong, Brebes regency, has a very solid goal in terms of funding, acquisition of facilities and infrastructure, management, training programs, and the holding of a sports extracurricular program. Following is a quick interview with the school's Principal, Deputy Head of Student Affairs, Coaches and Athletes.

The goal of SMP Negeri 2 Tonjong's extracurricular program is to provide a venue or location for the development of students'

athletic potential and interest. SMP Negeri 2 Tonjong has several excellent extracurriculars, including basketball, volleyball, sepak takraw, and futsal, so the facilities and infrastructure for extracurricular sports activities are quite adequate. There are volleyball courts, basketball courts, mini football fields, and multi-purpose buildings. Regarding the fund management system, BOS funds and Committee funds are used to fund sports extracurricular activities.

### **SMP Negeri 3 Tonjong**

The planning for extracurricular sports programs at SMP Negeri 3 Tonjong, Brebes regency, has a very solid aim in terms of funding, acquisition of facilities and infrastructure, management, and training programs, as well as a defined goal for the conduct of such activities. Following is a brief interview with the Principal, Deputy Head of Student Affairs, Coaches and Athletes. At SMP Negeri 3 Tonjong, Brebes district, the same management philosophy applies to all extracurricular sports. According to Mr. Didi, Deputy Director of Student Affairs, BOS funds are used to subsidize extracurricular sports activities. The facilities and infrastructure at SMP Negeri 3 Tonjong in the Brebes Regency are complete, including the ball, net, and field. However, some of the balls are shattered, and there is only one area that is the width of a basketball court.

In planning the Extracurricular Program at SMP Negeri 3 Tonjong, it can be inferred from interviews with the principal that the funding system and acquisition of facilities and infrastructure are adequate in terms of the program's objectives.

## **Implementation Management**

### **SMP Negeri 1 Tonjong**

The organizing process refers to how the strategies and plans created in the design of an organization's structure are implemented so that the organization achieves its objectives effectively and

efficiently. Arranging is the process of designing a structure, grouping, organizing, and dividing the labor tasks of each field so that an organization's goals may be accomplished effectively. According to Mr. Sobar, the management structure of SMP Negeri 1 Tonjong comprises of the school's principal, the deputy head of student affairs, PE teachers, coaches, and extracurricular sports students. Structure of Sports Extracurricular Activity Management at Demak State Senior High School.

SMP Negeri 1 Tonjong provides materials and exercises according to preset class groups, allowing individuals who are new to extracurricular programs such as grade 7 to continue the existing training program without difficulty.

### **SMP Negeri 2 Tonjong**

The process relates to how the strategies and plans created in the design of an organization's structure are implemented so that the organization achieves its objectives effectively and efficiently. Arranging is the process of designing a structure, grouping, organizing, and dividing the labor tasks of each field so that an organization's goals may be accomplished effectively. The Principal of SMP Negeri 2 Tonjong, the Deputy Head of Student Affairs as the Extracurricular Coordinator, the Extracurricular Coach / PE Teacher as the Trainer, and the Extracurricular Participants who carry out the activities have determined the management structure for the sports extracurricular activities of SMP Negeri 2 Tonjong. The coach has structured his training according to his grade level, as there are restrictions on all extracurricular sports activities during the pandemic. This material is also dependent on the management of their underclasses by upperclassmen.

### **SMP Negeri 3 Tonjong**

The process relates to how the strategies and plans created in the design of an organization's structure are implemented

so that the organization achieves its objectives effectively and efficiently. Arranging is the process of designing a structure, grouping, organizing, and dividing the labor tasks of each field so that an organization's goals may be accomplished effectively.

According to the findings of a study on the organizational structure of sports extracurricular activities, which includes the Principal, Deputy Head of Student Affairs, PE Teachers/Coaches, and Trainers who have been mandated to carry out their duties in the sports extracurricular program, the following recommendations are made. According to Mr. Agus, the organizational structure for managing extracurricular sports activities at SMP Negeri 3 Tonjong remains unchanged, consisting of the Principal, Deputy Head of Student Affairs, PE coaches/teachers, and trainers.

## **Supervision Management**

### **SMP 1 Tonjong**

The management of the extracurricular sports program at SMP Negeri 1 Tonjong is realized by field achievements in accordance with the set goals. The researchers observed that the coordinators and coaches of the sports extracurricular program at SMP Negeri 1 Tonjong, Brebes Regency carry out their duties and responsibilities in accordance with their respective fields and the tasks that have been planned by the administrators and trainers since the beginning of implementation.

The sports extracurricular activities are conducted in accordance with the extracurricular activities schedule. 120 minutes are devoted to sports-related extracurricular activities. Due to the DINDIKPORA's mandate that only 50 percent of students participate in extracurricular activities, the 120-minute implementation of extracurricular activities is divided in half. Regarding the school's training program, it adheres to what has been programmed by the coaches and coaches so that the school can support the extracurricular

sports endeavors of the students. For the location of each branch's sports extracurricular activities at SMP Negeri 1 Tonjong.

### **SMP Negeri 2 Tonjong**

In accordance with the programmed objectives, the management of extracurricular programs at SMP Negeri 2 Tonjong, Brebes Regency, is realized through field achievements. The researchers observed that the coaches and trainers of extracurricular programs at SMP Negeri 2 Tonjong, Brebes district are carrying out their respective duties and responsibilities in accordance with their respective fields and the tasks that have been planned by the coaches and trainers since the beginning of implementation.

According to the Deputy Head of Student Affairs as the organizer of the extracurricular program, the extracurricular sports events at SMP Negeri 2 Tonjong have been running smoothly and according to the school's two-per-week timetable. When the BOS funds have not yet been distributed, the school often substitutes them temporarily with cash or by borrowing from other funds, only to replace them again when the BOS funds decrease.

The achievements attained by SMP Negeri 2 Tonjong are also quite impressive, as evidenced by the school's first-place finishes in district-level basketball from 2012 to 2019 in district-level POPDA, district-level pencak silat in 2019, district-level 100-meter dash in 2018 and 2019, and district-level karate in 2017. Due to the present pandemic, SMP Negeri 2 Tonjong hasn't organized any events or competitions at all since the year 2020.

### **SMP Negeri 3 Tonjong**

In accordance with the programmed objectives, the management of extracurricular programs at SMP Negeri 3 Tonjong, Brebes Regency, is realized through field achievements. The researchers observed that the coordinators and coaches of extracurricular programs at SMP Negeri 3

Tonjong, Brebes district carry out their respective duties and responsibilities in accordance with their respective fields in carrying out the tasks that have been planned by the coordinators and trainers since the beginning of the implementation.

According to the research that has been conducted on the training program, the trainers and coaches are responsible for everything, and the school is only responsible for the activities that are carried out. According to Mr. Didi, as Deputy Head of Student Affairs, the training schedule is created by the coach or trainers and communicated to each homeroom teacher and teacher of Sports subjects. This information is then relayed to students during homeroom coaching and Sports classes. Schools are often held for 90 minutes, with the session broken into two halves due to the pandemic, which necessitates activity limitations of 50 percent. Meanwhile, the hurdles that exist at SMP Negeri 3 Tonjong are an unstandardized field and a ball that is frequently deflated, necessitating that the coach occasionally bring the ball during implementation.

### **Evaluation Management**

#### **SMP Negeri 1 Tonjong**

Before carrying out an activity, the manager of the sports extracurricular program at SMP Negeri 1 Tonjong, Brebes Regency must be given clear instructions. In this instance, the activity to be carried out requires a comprehensive control and supervision of these parts in order to minimize errors between the coordinator, coaches, and students in carrying out all sports extracurricular programs.

Supervision and evaluation of SMP Negeri 1 Tonjong's extracurricular sports activities. good enough. The school's principal supervises extracurricular activities at SMP Negeri 1 Tonjong once per semester to assess their growth. According to the coordinator and trainer of extracurricular activities at SMP Negeri 1 Tonjong. In

reality, monitoring and assessment have been conducted. Regulations and sanctions are used to supervise extracurricular participants to instill responsibility. Students and coaches evaluate every month, every competition, at the end of each semester, and after every event/match.

### **SMP Negeri 2 Tonjong**

Before carrying out an activity, the manager of the sports extracurricular program at SMP Negeri 2 Tonjong, Brebes regency must provide clear direction. In this case, the activity to be carried out requires a thorough control and supervision of these parts to minimize errors between the coach, coaches, and students.

The evaluation of extracurricular sports activities at SMP Negeri 2 Tonjong was good. The Principal of SMP Negeri 2 Tonjong fully delegated supervision to the coach, and evaluation was conducted through the coach's supervision. In order for the school to be responsible for monitoring the performance of coaches and trainers during extracurricular sports activities.

### **SMP Negeri 3 Tonjong**

Before carrying out an activity, the manager of the extracurricular program at SMP Negeri 3 Tonjong, Brebes regency must be given direction. In this case, the activity to be carried out requires a comprehensive control and supervision of these parts in order to minimize errors between managers, trainers, and students in the implementation of all sports class programs.

The evaluation of sports extracurricular activities at SMP Negeri 3 Tonjong has been conducted effectively, and the school has enacted restrictions to discipline students and enhance their abilities and accomplishments. In practice, however, these regulations are ineffective due to students' lack of interest in practicing due to difficulties like as those at SMP Negeri 3 Tonjong, where facilities are not standardized and are not permitted by parents. The evaluation of sports

extracurricular activities at SMP Negeri 3 Tonjong was conducted by observing the achievements of participants in sports extracurricular activities. Then, the Principal of SMP Negeri 3 Tonjong partnered with the Deputy Head of Student Affairs, Trainers, and Physical Education coaches/teachers to evaluate extracurricular sports activities so that the students' achievements might be improved.

## **DISCUSSION**

Recruiting participants for extracurricular sports programs during the pandemic at State Junior High Schools in Tonjong District, Brebes Regency, still employs a questionnaire distributed to students and completed by their parents. In addition to the pandemic time, which necessitates the implementation of restrictions on school activities, there are a number of unimplemented planning obstacles regarding the channeling of students' abilities and interests (Petersen et al., 2021). Regarding the existing infrastructure and facilities that already satisfy the standards and those that do not. In the funding system, funds were derived through BOS funds, the School Committee, and student tuition fees, however the management of funds is not yet defined in detail. This opinion is supported by the fact that the planning used at SMP Negeri Se-Kecamatan Tonjong, Brebes Regency, is nearly identical, and there are still issues with several plans (Prawiro, 2021) which stated that planning determines what must be done in advance, how to do it and who will do it.

Organizing is very important in the management function as well as sports extracurricular program activities (Budi & Rumini, 2015). During this epidemic, the validity period for the management of extracurricular programs at State Junior High Schools in the Tonjong District of the Brebes Regency remains unchanged at one year. Organizational structure is documented and structured in SMP Negeri in Tonjong District,

Brebes Regency. So that extracurricular participants are already familiar with the management structure of the extracurricular sports program activities in each sport in which they choose to engage before to its implementation. In this instance, it is also consistent with the opinion (Prasetyo, Damrah, & Marjohan, 2018) rganizing is the most important process involving strategies and tactics that have been formulated in planning in an appropriate and strong organizational structure and can ensure that all parties in the organization can work effectively and efficiently in order to achieve organizational goals.

The implementation of sports extracurricular activities at the State Junior High School in the district of Tonjong, Brebes Regency, was deemed to be effective based on the training schedules that each sports extracurricular coordinator has developed. Due to the constraint of school activities, supervision of extracurricular programs at State Junior High Schools in the district of Tonjong, Brebes Regency, used the same system of two training sessions. So that initially the participants of the extracurricular sports program were confused by the schedule of extracurricular exercises they would follow, but after the program had been in operation for some time, the participants were no longer confused because they had become accustomed to the schedule that was already in place (Putra & Hafidz, 2021).

Due to the active supervision of sports extracurricular activities by coaches at Public Junior High Schools in Tonjong District, Brebes Regency, the appraisal of sports extracurricular activities can be deemed positive. As part of their responsibility, physical education teachers or coaches must be present during extracurricular sports events. Almost all coaches do evaluations following the conclusion of extracurricular sports activities. The existence of an evaluation after the activity is also very significant, because with an evaluation, the participants in the extracurricular sports

activity will know what is right and incorrect. This in line with the opinion of (Anggara, 2021) evaluation is the process of observing rather than implementing all organizational activities to ensure that all work being carried out goes according to a predetermined plan.

## CONCLUSION

This research concludes the planning of public junior high schools in the district of Tonjong, Brebes Regency uses a questionnaire in the recruitment of sports extracurricular activities on average; this can be seen from the stage of recruiting sports extracurricular participants, which is carried out simultaneously using a questionnaire form; and there is also a state junior high school in the district of Tonjong that uses a system of 2 training sessions, with 1 training session per week and 1 training session per month. At the State Junior High Schools in the district of Tonjong, Brebes Regency, the evaluation is given by the school to the extracurricular coordinator or student assistant, and then reported to the principal, so that the principal is also aware of the obstacles and developments of the sports extracurricular program on the field.

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