

Evaluation Program of Development Achievement on Taekwondo Sport Training and Education Center for Students of Central Java Province

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Abstract

The purpose of this study is to systematically evaluation in the PPLOP coaching Program, the CIPP model (Context, Input, Process, Product) in taekwondo PPLOP Central Java can be implemented and can be evaluated to stimulate institutional efforts in the long term to be able to take steps towards coaching program in the future. The evaluation model research uses the CIPP model with a mix methods approach. The samples in this study were 4 PPLOP hall administrators, 4 coaches and 12 athletes in the taekwondo PPLOP central java. The results of the evaluation of the achievement development program at the taekwondo sports training center for students in Central Java Province based on the management of the Central Java PPLOP hall administrators, trainer and athletes for taekwondo PPLOP Central Java are mostly in good category. Process evaluation based on central java PPLOP hall management, trainers, and Central Java PPLOP taekwondo athletes are in good category. Product evaluation based on central java PPLOP hall managemet, Central java PPLOP taekwondo trainers and athletes are in the adequate category.

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INTRODUCTION

Athlete development at student age in Central Java through PPLOP, under the Department of Youth, Sports and Tourism (Disporapar). Central Java PPLOP sends contingents to national level events (POPNAS) every two years. PPLOP Central Java's achievement increased from rank IV to rank III in POPNAS 2015, 2017 and 2019. However, the hope of becoming the overall champion when hosting POPNAS was not achieved because several sports, including taekwondo, experienced unstable achievements in 2018 and 2019.

Based on observational data from the Central Java DISDIKPORA, the taekwondo sport has experienced unstable achievements. In the 2018-2019 PPLP and POPNAS National Championships, there was a significant decrease in medals, although a slight increase occurred at the 2019 PPLP National Championship but still did not reach maximum performance.

Central Java PPLOP faces difficulties in competing with PPLOP from other regions. The acquisition of the last medal in POPNAS is an indicator and shows the role of administrators and government support for the development process which has not been maximized. The lack of funding has also made it difficult for coaches to find young sports talent. In addition, athletes and coaches still consider training facilities and infrastructure lacking.

Responding to the instability of PPLOP's taekwondo achievements, it is difficult to compete with other clubs at the open, regional and national level. A sports coaching program that is carried out in a planned, systematic, regular and continuous manner must be accompanied by an evaluation. Evaluation is a fundamental component as the best way to assess whether the coaching program meets the goals set (Alqahtani, 2016; Anh, 2018). Therefore, it is very important to know which model to choose and how to carry out the sports coaching evaluation process systematically to see which parts of the program have advantages or disadvantages.

With the aim of conducting a systematic evaluation of the PPLOP coaching program, the

CIPP model (Context, Input, Process, Product) was chosen. The basic feature that distinguishes this model from other evaluation models is the understanding that evaluation is realized "not to prove but to improve" (Coll Ramis, 2021). Evaluation is seen as a functional activity that stimulates an institution's efforts in the long term, assists, strengthens, and enhances by bringing different perspectives to evaluation. Evaluation has been considered an ongoing process and has made the most important contribution to a decision-centered approach to management (Lee et al., 2019).

Based on the explanation above, that evaluation can provide a view of the results of an achievement coaching program that can help athletes, coaches, and the government to be able to maintain and improve better athlete performance because they are interrelated with one another. Another thing, the evaluation can be used as a reference for the PPLOP taekwondo sport to maximize the program and it is hoped that it will be able to maximize performance again in regional, national and international competitions. This study aims to evaluate the evaluation of CIPP (Context, Input, Process, Product) in the Central Java PPLOP taekwondo sport.

METHODS

This study uses quantitative and qualitative approach methods in the evaluation of the Center for Student Sports Education and Training (PPLOP) in Central Java for the sport of taekwondo. The evaluation model used is the CIPP evaluation model (Context, Input, Process, Product). The population of this study included athletes, coaches, and Central Java PPLOP administrators. The samples taken also involved athletes, coaches, and administrators of the Central Java PPLOP taekwondo sport. Before the questionnaire was tested, validity and reliability tests were carried out to determine the suitability and reliability of the questionnaire. Data analysis was carried out using qualitative and quantitative analysis techniques which described the results of the evaluation of the PPLOP taekwondo coaching program in Central Java Province. The analysis

design includes data reduction, data display, and conclusion drawing or verification.

RESULTS AND DISCUSSION

Context Evaluation

The results of the Context evaluation research based on the management of the Central Java PPLOP center which includes organization, human resources, work programs, infrastructure, and funds show that all are considered good. Context evaluation based on taekwondo trainers PPLOP Central Java yielded an average score of 3.6, with a standard deviation of 1.089. Context evaluation of Central Java PPLOP office administrators put it in the good category.

The results of the Context evaluation research based on PPLOP Central Java sports coaches which include organization, human resources, training programs, infrastructure, and funds also show good results. Context evaluation based on taekwondo trainers PPLOP Central Java yielded a mean value of 3.6, with a standard deviation of 1.089. Context evaluation of PPLOP Central Java sports coaches is also in the good category.

Input Evaluation

The first point is organization, management is one of the most important performance determinants of an organization and the programs it runs (Lubacha, 2023). Organizational effectiveness when it can adjust budget output with realization on the ground (Aliefiani et al., 2022). The second point is human resources, who have skills and there are opportunities for achievement which are very important for the continuity of the coaching program (Pande, 2021), the implementation of training programs from athletes and coaches. The third point is the work program because what has been running is the implementation of the training and monitoring program. The fourth point is infrastructure facilities, which are used when carrying out training programs in taekwondo sports. The fifth point is the funds, when the program implementation takes place.

The results of the Input evaluation research based on the management of the Central Java PPLOP hall showed a mean value of 4.20 with a standard deviation value of 0.92. Input Evaluation of the Central Java PPLOP hall administrators is mostly in the good category.

The results of the Input evaluation study based on the Central Java PPLOP sports coach showed a mean value of 4.22 with a standard deviation value of 0.89. Input evaluation for PPLOP Central Java sports coaches is mostly in the good category.

The results of the Input evaluation study based on PPLOP taekwondo athletes in Central Java show a mean value of 4.22 with a standard deviation value of 0.42. Input Evaluation based on PPLOP Central Java taekwondo athletes mostly fall into the good category. The athlete selection process is very strict through several stages. The trainer explains the training program and stages in a firm and disciplined manner, which makes athletes enthusiastic and disciplined in training.

Process Evaluation

The first point is organization, carried out to anticipate any changes that arise in the implementation of the program. Organizational effectiveness when it can adjust budget output with realization on the ground (Aliefiani et al., 2022). The second point is HR, there is promotion of degradation and recruitment at the start of every new school, whose function is to motivate coaches and athletes to improve their performance (Alim, 2020). The third point is the work program because what has been running must be evaluated, whether the program is continued. The fourth point is infrastructure facilities, which are used when carrying out training programs in taekwondo sports. The fifth point is the funds, when the program implementation takes place.

The results of the Process evaluation research based on the management of the Central Java PPLOP hall showed a mean value of 4.07 with a standard deviation value of 0.85. Process Evaluation of the majority of the Central Java PPLOP hall administrators is in the good category. This evaluation must continue to be

carried out to make improvements and control at each layer, because nothing lasts forever.

The results of the Process evaluation study based on taekwondo PPLOP coaches in Central Java show a mean value of 3.70 with a standard deviation value of 0.94. The majority of PPLOP Central Java taekwondo trainers in the Evaluation Process are in the good category.

The results of the Process evaluation study based on PPLOP taekwondo athletes in Central Java show a mean value of 4.09 with a standard deviation value of 0.43. Process evaluation of the majority of PPLOP taekwondo athletes in Central Java are in the good category.

An appropriate training program that has been prepared by the coach is one of the keys to success in achieving athlete achievement (Gustian et al., 2020). Monitoring is one of the seriousness in the coaching process. Monitoring if done regularly will help control the program that is being implemented and find out how far the development of a program is (Dongoran et al., 2023). In the implementation of monitoring in the PPLOP coaching program it is carried out twice a day, namely morning and evening.

Product Evaluation

Product Evaluation of coaching at the Central Java Student Sports Education and Training Center (PPLOP) in taekwondo sports. Product evaluation is to answer the question whether the objectives of a program have been implemented and with maximum results (Triwiyanto & Triwiyanto, 2015).

The results of the Product evaluation research based on the management of the Central Java PPLOP hall showed a mean value of 4.19 with a standard deviation value of 0.69. The majority of product evaluations for Central Java PPLOP office administrators are in the pretty good category.

The results of the Product evaluation research based on taekwondo PPLOP trainers in Central Java show a mean value of 4.19 with a standard deviation value of 0.69. The majority of product evaluations for the PPLOP Central Java sports trainers are in the pretty good category.

The results of the Product evaluation study based on PPLOP taekwondo athletes in Central Java showed a mean value of 4.19 with a standard deviation value of 0.69. Product evaluation for PPLOP taekwondo athletes in Central Java, the majority are in the sufficient category.

CONCLUSION

The results of the research on the PPLOP taekwondo sport in Central Java showed that overall it was running quite well, but there were still some deficiencies in its implementation based on the evaluation of the CIPP model. Attention and seriousness in the future is needed, especially in recruiting athletes and improving infrastructure to maximize potential and achieve peak performance. The Context Evaluation and Input from the hall administrators and coaches of the Central Java PPLOP sports are in the good category, but still need attention so that they run better in the future. Process and product evaluations are also in the majority in the good category, indicating that the coaching process and athlete achievements are quite good.

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